

# CHILD AND FAMILY MENTAL HEALTH SERVICES

Toronto Northwest Quadrant

## Community Resources

### Caribbean African Canadian Social Services

995 Arrow Rd., Toronto, ON

<http://cafcan.org>

416 740-1056

[info@cafcan.org](mailto:info@cafcan.org)

**Services offered:** Youth Outreach engages and connects youth with needed services and collaborates with other community resources within identified neighborhoods. The Parenting Program provides individual support, family mediation, mobile crisis counseling and crisis intervention to individuals and families, and involved in referrals to community resources, dealing with custody issues, visitations, home assessments, family court parental assessments and advocacy.

**Eligibility:** Youth outreach program for ages 12 to 2; parenting program for individuals and their families  
CMHA (Lawrence Avenue West location)

700 Lawrence Ave. W., Suite 480, Toronto, ON

<https://toronto.cmha.ca>

416 789-7957

[info@cmhato.org](mailto:info@cmhato.org)

**Services offered:** Early psychosis intervention program, family outreach and response team (home visits), assistance for people supporting family members who have mental health issues, transitional youth program

**Eligibility:** Some programs are for youth age 14 and older (e.g, early psychosis intervention).

**Referral:** Call, or visit [The Access Point](#).

### Davenport–Perth Neighbourhood and Community Health Centre

1900 Davenport Rd., Toronto, ON

<http://dpnchc.com>

416 656-8025

[info@dpnchc.ca](mailto:info@dpnchc.ca)

**Services offered:** Primary health and health promotion programs; counselling, support services, prevention programs and activities for children, youth and their families

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If any of this information is incorrect or outdated, or if there are additional organizations or programs that would be helpful to include, please e-mail the information to us at [access.resources@camh.ca](mailto:access.resources@camh.ca).

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**camh**

## Etobicoke Children's Centre

65 Hartsdale Dr., Etobicoke, ON (main office)

200 Ronson Dr., 4th floor, Etobicoke, ON (satellite office and walk-in clinic)

[www.etobicokechildren.com](http://www.etobicokechildren.com)

416 240-1111 (main office and satellite office / walk-in clinic)

**Services offered:** Mental health and autism services for children and youth and their families; support and learning groups for youth and their families; West End Services for Abuse and Trauma (WESAT) program; walk-in counselling clinic for children, youth, young adults and/or their families who want to talk with a professional about issues that get in the way of feeling and doing well at home, school or in the community

**Eligibility:** Varies by program. WESAT is for children, youth and female adult survivors of abuse or trauma.

**Note:** The walk-in clinic does not provide medical services.

## FAME: Family Association for Mental Health Everywhere (Rexdale location)

8 Taber Rd., Toronto, ON

416 749-9996

[irinaf@fameforfamilies.com](mailto:irinaf@fameforfamilies.com)

[www.fameforfamilies.com](http://www.fameforfamilies.com)

**Services offered:** Help and a safe space through education, advocacy in the community and building coping and self-care skills to foster resilience; one-on-one supportive counselling for youth and families; telephone support, support groups, family caregiver support and educational events

**Eligibility:** Families, caregivers and friends of people with mental illness

## George Hull Centre for Children and Families

81 The East Mall, 3rd floor, Toronto, ON (main office)

295 The West Mall, 2nd floor, Etobicoke, ON (Prevention and Early Intervention Services)

135 Queens Plate Dr., Suite 370, Etobicoke, ON (Prevention and Early Intervention Services)

Highfield Junior School, 85 Mount Olive Dr., Etobicoke, ON (Prevention and Early Intervention Services)

[www.georgehullcentre.on.ca](http://www.georgehullcentre.on.ca)

416 622-8833 (main office)

416 394-4635 (Highfield Junior School)

[reachus@georgehullcentre.on.ca](mailto:reachus@georgehullcentre.on.ca)

**Services offered:** Counselling services, including assessment and treatment planning, individual, group and family therapy. Prevention and Early Intervention Services offers programs for families, including speech and language services, group learning activities, parent and child drop-in programs, specialized registered programs, parent workshops, community events and support for families with children who have special needs.

**Eligibility:** Mental health services for children up to age 18 and their families. Prevention and Early Intervention services are available to families with children up to age 6.

## Griffin Centre

1126 Finch Ave. West, Unit 16, Toronto, ON

[www.griffin-centre.org](http://www.griffin-centre.org)

416 222-1153

[contact@griffincentre.org](mailto:contact@griffincentre.org)

**Services offered:** Programs address conflict with family, peers or others; problems at school or in the community; depression or other mental health concerns; substance use problems; sexual abuse; discrimination and harassment;

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conflict with the law; developmental disabilities and autism. Also offers a walk-in clinic (one of the GTA's What's Up Walk-In clinics).

## Holland Bloorview Kids Rehabilitation Hospital

150 Kilgour Rd., Toronto, ON

[www.hollandbloorview.ca](http://www.hollandbloorview.ca)

416 425-6220 or 1 800 363-2440

**Services offered:** Assessment and inpatient and outpatient treatment; help transitioning to adult services when youth turn 18

**Eligibility:** Children and youth up to age 18 who were born with disabilities and special needs, and youth who have acquired disabilities through serious illness or accidents

**Referral:** New clients need a physician or dentist referral. Referrals for some services, such as communication and writing aids services, are also accepted from occupational therapists, speech language pathologists and physiotherapists. Call 416 424-3804 for more information.

## Humber River Hospital

1235 Wilson Ave., Toronto, ON

[www.hrh.ca](http://www.hrh.ca)

416 242-1000 ext. 43000

**Services offered:** Outpatient clinic provides individual and family assessment, psychiatric consultation and medication management. Child and adolescent mental health inpatient unit provides 24-hour care with close supervision in a protective, therapeutic environment. Early intervention in psychosis program provides consultation and comprehensive assessments for people with psychosis, and delivers individual and group therapy for patients and their families.

**Eligibility:** Outpatient client for youth up to age 18, as well as family members and significant others. The outpatient youth clinic is for youth who need 24-hour care. The early intervention in psychosis program is for youth aged 14 to 35 and their families.

## Humewood House

40 Humewood Dr., York, ON

[www.humewoodhouse.com](http://www.humewoodhouse.com)

416 651-5657

[information@humewoodhouse.com](mailto:information@humewoodhouse.com)

**Services offered:** Pre and post-natal residential services to pregnant and parenting young women; a high school education program for women age 21 and under, in partnership with the Toronto District School Board; infant daycare centre; transitional and supportive housing; parenting, nutrition and life-skills training; individual and family counselling services; volunteer mentoring program that links community volunteers with prenatal teens and young mothers; food bank and donation room

## Jerome D. Diamond Adolescent Centre

196 Keewatin Ave., Toronto, ON

[jfandcs.com](http://jfandcs.com)

416 482-3023

[info@jfandcs.com](mailto:info@jfandcs.com)

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**Services offered:** Services for youth aged 12 to 17 who are experiencing psychological, behavioural or academic challenges. Up to 34 students can be enrolled per academic year. Counselling is provided to students and their parents, legal guardians, siblings and other family members.

**Eligibility:** Youth aged 12 to 17

## Radius Child and Youth Services (Etobicoke location)

1 Eva Rd., Suite 216, Etobicoke, ON

<https://radiuschild-youthservices.ca>

416 744-9000 or 1 855 744-9001

[info@radiuschild-youthservices.ca](mailto:info@radiuschild-youthservices.ca)

**Services offered:** Specialized clinical services

**Eligibility:** Children, youth and their families who have experienced abuse, neglect and violence

**Referral:** Call the intake department at 416 744-9000 ext. 327 for more information.

## Sick Kids Centre for Community Mental Health (Sheppard Avenue location)

1645 Sheppard Ave. West, North York, ON

[www.sickkidscmh.ca](http://www.sickkidscmh.ca)

416 924-1164 ext. 8710 or 1 855 944-4673

[info@sickkidscmh.ca](mailto:info@sickkidscmh.ca)

[prevention.services@sickkidscmh.ca](mailto:prevention.services@sickkidscmh.ca)

**Services offered:** Mental health assessment and treatment services through outpatient services, intensive in-home treatment, day treatment and residential treatment. Offers counselling services, school-based services, parenting programs, youth development and mentorship programs, young family support, youth outreach workers and a walk-in clinic that provides immediate mental health counselling for youth and their families. Also offers prevention services and programming for families and youth.

**Eligibility:** Children and youth up to age 18 and their families

**Referral:** Self referrals welcome for outpatient services, day treatment services and prevention and early intervention services. Intake for outpatient and day treatment services is generally completed over the phone, but may be done in person, at the Jarvis or Sheppard locations. Call central intake at [416 924-1164 ext. 8708](tel:4169241164) or e-mail [intake@sickkidscmh.ca](mailto:intake@sickkidscmh.ca).

## Syme Woolner Neighbourhood and Family Centre

Administration and Department of Community Service, 2468 Eglinton Ave. West, Unit 3, Toronto, ON

Department of Children and Youth, 69 Pritchard Ave., Room 114, Toronto, ON

[www.symewoolner.org](http://www.symewoolner.org)

416 766-4634 (admin and community service office)

416 767-2186 (children and youth office)

[swoolner@symewoolner.org](mailto:swoolner@symewoolner.org)

**Services offered:** Programming for children, youth and families that promotes family wellness and encompasses physical and emotional development. The programs offered by the Department of Community Service help people experiencing housing, addiction and mental health issues.

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## Yorktown Family Services

2010 Eglinton Avenue West, Suite 300, Toronto, ON

416 394-2424 (child and family centre)

416 394-2999 (crisis line)

[info@yorktownfamilyservices.com](mailto:info@yorktownfamilyservices.com)

<https://www.yorktownfamilyservices.com/>

**Services offered:** Counselling services, school-based services, parenting programs, youth development and mentorship programs, young family support, youth outreach workers, a walk-in clinic that provides immediate mental health counselling for youth and their families

**Eligibility:** Children and youth up to age 18 and their families

**Referral:** For the walk-in clinic, no referral or appointment is necessary.