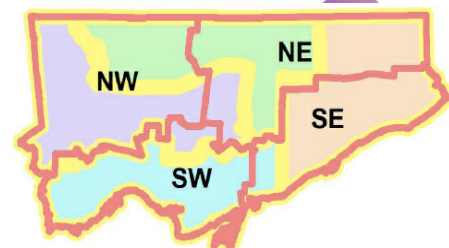


# CHILD & YOUTH MENTAL HEALTH SERVICES

## Toronto Northwest Quadrant

Last Updated: February 2023



### Community Resources

#### Caribbean African Canadian Social Services

995 Arrow Rd., Toronto, ON

[cafcan.org](http://cafcan.org)

416 740-1056

[info@cafcan.org](mailto:info@cafcan.org)

**Services offered:** Stop Now and Plan (SNAP) cognitive behavioural program, youth outreach program, individual and family counselling, parent-child counselling, parenting program, What's Up walk-in counselling program

**Eligibility:** Children, youth, and their families; specific eligibility criteria varies by program

#### Canadian Mental Health Association Supports

700 Lawrence Ave. W., Suite 480, Toronto, ON (Northwest Toronto location)

[toronto.cmha.ca](http://toronto.cmha.ca)

416 789-7957

[info@cmhato.org](mailto:info@cmhato.org)

**Services offered:** Mental health and justice services (court support, case management, forensic support, crisis prevention, post-incarceration housing), case management services, early psychosis intervention program, youth transitional program

**Eligibility:** Specific eligibility criteria varies by program

**Referral:** Fill out a referral form from The Access Point at 416 640 1934 or [theaccesspoint.ca](http://theaccesspoint.ca)

#### Humber River Hospital - Child and Adolescent Mental Health Services

1235 Wilson Ave., Toronto, ON

[hrh.ca](http://hrh.ca)

416 242-1000 ext. 43000 (Child and adolescent mental health services)

416 242-1000 (Main line)

**Services offered:** Inpatient child and adolescent unit, outpatient services (individual and family assessment, psychiatric consultation, and medication management), transitional services, early intervention psychosis program (assessments and consultations), outreach services, postpartum support group, prenatal classes, and postpartum wellness program

**Eligibility:** Inpatient services - children and youth up to 18 years old; outpatient services - children and youth up to 18 years old and their families; early intervention psychosis program - individuals 14 - 35 and their families; Specific eligibility criteria for other programs vary

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If any of this information is incorrect or outdated, or if there are additional organizations or programs that would be helpful to include, please e-mail the information to us at [access.resources@camh.ca](mailto:access.resources@camh.ca).

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**Referral:** Most services requires a referral from a physician or nurse practitioner; specific referral process varies by program

## Lumenus - Northwest Toronto Locations

1126 Finch Ave W., Unit 16, Toronto, ON (Head Office)

1124 Finch Ave W., Unit 1, Toronto, ON

200 Ronson Dr., Etobicoke, ON

65 Hartsdale Dr, Etobicoke, ON

40 Orchard View Blvd., Suite 255, Toronto, ON

Various service locations across Toronto can be found on their website

[lumenus.ca](http://lumenus.ca)

416 222-1153 (Main line - Finch locations)

416 240-1111 (Ronson Dr and Hartsdale Dr locations)

416 482-0081 (Orchard View Blvd location)

[info@lumenus.ca](mailto:info@lumenus.ca)

**Services offered:** Urgent response services for children with autism, EarlyON programming, centralized access to residential services (C.A.R.S.) program, Ontario autism program (OAP), youth-led projects, wraparound services, youth mental health court services, Griffin community support network, school focused mental health counselling, provincial youth outreach workers, hospital transition support services, drug education and harm reduction education, respite services, reachOUT - 2SLGBTQ+ youth program, individual and family counselling, Better Beginnings Now parenting program

**Eligibility:** Specific eligibility criteria varies by program

**Note:** Services offered at specific locations vary - check website for more details

## Radius Child and Youth Services

1 Eva Rd., Suite 216, Toronto, ON

Another location in Oakville listed on their website

[radiuschild-youthservices.ca](http://radiuschild-youthservices.ca)

416 744-9000 (Main line)

1 855 744-9001 (Toll free)

416 744-9000 x 327 (Intake)

[info@radiuschild-youthservices.ca](mailto:info@radiuschild-youthservices.ca) (General inquiries)

[intake@radiuschild-youthservices.ca](mailto:intake@radiuschild-youthservices.ca) (Intake)

**Services offered:** Specialized assessment and counselling services for children and youth who have experienced the trauma of abuse, individual and group counselling, online psychoeducation workshops for parents and caregivers, expressive arts group, youth dating violence (YDV) intensive intervention program, and abuse prevention and intervention programming

**Eligibility:** Specific eligibility criteria varies by program; children, youth, and their families who have experienced sexual, physical, or emotional abuse, neglect, or who have witnessed domestic violence; children and youth up to 12 years old who are engaging in concerning sexual behaviour; youth between 12 and 18 years old (19 years old if involved in the justice system) who have offended sexually; youth between 12 and 24 years old who have chosen to use violence in a dating relationship

**Referral:** Process is done through the Intake Coordinator; youth, parents/caregivers, children's aid societies, and community partners can make referrals

**Languages:** Assessment and counselling services can be offered in French; translation services are available for those that require them

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## Reconnect Community Health Services - FAME: Family Association for Mental Health Everywhere - Northwest Toronto Location

8 Taber Rd., Toronto, ON (North Toronto location)

Other locations across the Greater Toronto Area listed on their website

[fameforfamilies.com](http://fameforfamilies.com)

416 248-2050

[contact@reconnect.on.ca](mailto:contact@reconnect.on.ca)

**Services offered:** One-on-one counselling support for individuals who are caring for someone experiencing mental health challenges, family support groups, FAMEkids (7-12) and FAMEyouth (ages 13-17) programs where children and youth with a loved one who is experiencing mental health challenges can explore and share experiences in a group environment, individual support for children and youth

**Eligibility:** Individuals acting as a caregiver for someone who is experiencing a mental health concern as well as children and youth whose loved ones are living with mental health challenges; specific eligibility criteria varies by program

**Note:** Range of in-person and virtual programs and services

## Sick Kids: Garry Hurvitz Centre for Community Mental Health

1645 Sheppard Ave W., Toronto, ON

[sickkidscmh.ca](http://sickkidscmh.ca)

416 924-1164 x 8708 (Mental Health Access Program)

416 922-2672 x 294 or 257 (French services)

1 855 944-4673

[info@sickkidscmh.ca](mailto:info@sickkidscmh.ca) // [prevention.services@sickkidscmh.ca](mailto:prevention.services@sickkidscmh.ca) // [mentalhealthaccess@sickkidscmh.ca](mailto:mentalhealthaccess@sickkidscmh.ca)

**Services offered:** EarlyON centre and programming, family first parenting workshops, building brighter futures program, 'healthy babies, healthy children' home-visiting program, provincial youth outreach worker program, community outreach intervention program, mental health access program, intensive services for children (intensive in-home mental health services, individual and family therapy, day treatment), intensive services for youth, 2SLGBTQIA+ day treatment program

**Eligibility:** Infants, children, youth up to the age of 18 and their families; specific eligibility criteria varies by program

**Referral:** Specific referral process varies by program - contact for more information

## Syme Woolner Neighbourhood and Family Centre

2468 Eglinton Ave W., Unit 3, Toronto, ON (Main location)

69 Pritchard Ave., Toronto, ON (Children and youth services)

[symewoolner.org](http://symewoolner.org)

416 766-4634 (General line)

416 767-2186 (Children and youth services)

[swoolner@symewoolner.org](mailto:swoolner@symewoolner.org) (General)

[frcfacilitator@symewoolner.org](mailto:frcfacilitator@symewoolner.org) (EarlyON facilitator)

**Services offered:** Programming for children, youth and families that promotes family wellness and encompasses physical and emotional development; EarlyON drop-in centre and programming, school age program (homework club, sports/teamwork, arts and crafts, spring/summer camp, daily meal program), youth program (recreational sports drop-in, workshops, spoken word, dance group, open discussion groups, outreach)

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**Eligibility:** Children, youth, and their families; specific eligibility criteria varies by program

## What's Up Walk-In

1126 Finch Ave W, Unit 16, Toronto, ON (Located at Lumenus Community Services)

995 Arrow Rd, Toronto, ON (Located at Caribbean African Canadian Social Services: CAFCAN)

2010 Eglinton Ave W., Suite 300, Toronto, ON (Located at Yorktown Family Services)

1541 Jane St, Toronto, ON (Located at Yorktown Family Services - West Toronto Youth Hub)

200 Ronson Dr., Suite 401, Toronto, ON (Located at Lumenus Community Services)

Other locations across Toronto can be found on their website

[whatsupwalkin.ca](http://whatsupwalkin.ca)

416 222-4380 (Finch Ave location)

416 394-2424 (Eglinton Ave and Jane St locations)

416 240-1111 (Ronson Dr location)

1-866-585-6486 (General inquiries)

**Services offered:** Free virtual and in-person mental health counselling

**Eligibility:** Serving up to age 29 and under; children, youth, young adults and their families, and families with infants

**Languages:** Finch Ave and Ronson Dr locations - English, Mandarin, Farsi, Hindi, Urdu, Spanish, Korean, Tamil, and Tagalog; contact to determine what days your preferred language is offered

**Note:** No health card required to receive services

## Youth Wellness Hub Ontario - Northwest Toronto

40 Orchard View Blvd, Toronto, ON

Other service locations across Toronto listed on their website

[youthhubs.ca/en/sites/central-toronto/](http://youthhubs.ca/en/sites/central-toronto/)

416 438-3697 (General line)

**Services offered:** Walk-in mental health counselling, primary care (nurse practitioner), peer support group, care navigation, DBT skills groups, psychiatric consultations, youth drop-in groups/spaces/events, employment and housing support, 2SLGBTQ+ programming, and programming for Black youth

**Eligibility:** Youth between the ages of 12 - 25 years old; specific eligibility criteria varies by program

## Yorktown Family Services

2010 Eglinton Ave W., Suite 300, Toronto, ON

1541 Jane St., Toronto, ON (West Toronto youth hub)

[yorktownfamilyservices.com](http://yorktownfamilyservices.com)

416 394-2424 (General line)

416 394-2999 (Crisis line)

416 645-7575 (West Toronto youth hub)

[info@yorktownfamilyservices.com](mailto:info@yorktownfamilyservices.com)

**Services offered:** Clinical services (grief counselling, 'keeping families together' and 'children at risk of entering care' in-home programs, ongoing therapy, rapid access therapy, trauma treatment, and walk-in counselling services), wraparound program, 'mindful fathering' educational program for fathers who have exposed their children to domestic violence), baby love program, parenting in early years program, tele-mental health services, care navigation, connect 4 - youth mentorship program, Black lives accessing care program, hey girl - youth

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mentorship program, rainbow - west youth-led 2SLGBTQ+ program, supporting young families, other youth mentorship programs, youth outreach worker program

**Eligibility:** Infants, children, youth, and young adults up to the age of 29 and their families; specific eligibility criteria varies by program

**Referral:** Specific referral process varies by program - contact for more information