Methadone Maintenance Treatment: Selected Resources

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This bibliography presents a selection of materials about methadone maintenance treatment, primarily from the CAMH Library and supplemented with Web resources and journal articles. Other opioid replacement therapies such as buprenorphine maintenance are included. The Canadian and Ontario experience, including the history of this therapy, is highlighted. The purpose of this resource guide is to serve as an introduction and overview. This is not an in depth literature review.

Available online at: http://www.camh.net/camh_library Bibliographies and Guides

Resources are listed under the following headings:
- Overviews
- Community Planning / Support
- The Canadian / Ontario Experience
  - Recent
  - Historical
- Treatment Guidelines / Good Practice
- Treatment Manuals
- Effectiveness and Evidence
- Older Adults
- Women
- Youth
- Other Books and Reports
- For the Public
- Internet Resources
- Related Bibliography in this Series
- Useful Contacts (Ontario)

Overviews


  A brief (13 page) overview that covers all of the issues including treatment delivery in Canada, Canadian facts and figures, benefits.


Appendix B includes a brief review of treatment in Canada. Methadone maintenance is considered the “best option” and “gold standard”. Other pharmacotherapies and strategies are presented.


Community Planning / Support


Includes sample press releases and public education materials.


Methadone Maintenance Therapy: The Canadian / Ontario Experience

Recent


Includes discussion on methadone in Ontario, including the number of methadone clients. See Heroin section.


   Includes data on the number of prescribing physicians, number of methadone clients, demographics, costs, etc. as well as recommendations.


**Historical**


   Reviews the work and insights of Dole and Nyswander based on research at the Methadone Maintenance Research Program, Rockefeller University Hospital, New York, from 1963. Early work parallels that of Robert Halliday (see below).


   The first evaluation of the Addiction Research Foundation’s methadone maintenance program, which began in 1970.


**Treatment Guidelines / Good Practice**


Note: Modifications were made in 2004. See addendum Modification of Guidelines: Treatment for Opiate Dependence on the Colleges website: http://www.cmq.org.

See other NACD reports at: http://www.nacd.ie/publications.
Treatment Manuals and Resources

Clinic Toolkit for Methadone and Buprenorphine Providers. Toronto: CAMH. Online resources. See under: http://www.camh.net/Publications/Resources_for_Professionals/index.html


Effectiveness and Evidence


**Effectiveness - Crime Prevention**


See Mattick RP et al. above.

**Older Adults**


**Women** (Note: some of the other resources address women's issues such as pregnancy and lactation.)


**Youth**

Other books / Reports


For the Public (See also Internet Resources.)


Internet Resources

Regulatory Organizations

College of Physicians and Surgeons of Ontario (CPSO) http://www.cpso.on.ca/


Other sites with Information and documents for Professionals and the Public

CCENDU: Canadian City & National Reports http://www.ccsa.ca/ccendu
CAMH (Centre for Addiction and Mental Health) http://www.camh.net
Drug Policy Alliance Network http://www.drugpolicy.org
Euro-Methwork http://www.euromethwork.org/
Medication-Assisted Treatment (MAT) Division of Pharmacologic Therapies, SAMHSA http://www.dpt.samhsa.gov
Methadone Saves Lives (CAMH) http://methadonesaveslives.ca
For the Public and Practitioners See Clinic Toolkit for Methadone and Buprenorphine Providers.

NAMA (National Alliance of Methadone Advocates) http://www.methadone.org/
Check NIDA Notes for articles about Buprenorphine, Methadone and LAAM.
SAM (Service d'appui pour la méthadone – Québec) http://www.info-sam.qc.ca
Travel Guide Index (hosted by INDRO, Germany) http://www.indro-online.de/travel.htm

Related Bibliography in this Series

Harm Reduction

Useful Contacts (Ontario)
for Professionals
Addiction Clinical Consultation Service (ACCS): 1-888-720-2227 in Ontario, 416-595-6968
College of Physicians and Surgeons of Ontario: 1-800-268-7096, 416-961-1711 x661

for the Public
DART (Drug and Alcohol Registry of Treatment): 1-800-565-8603
McLaughlin Information Centre (CAMH): 1-800-463-6273, 416-595-6111