

Contents

v	Acknowledgments
xiii	Preface
xvii	<i>Narrative</i> A Sister's Story ELIZABETH
xix	Introduction

Section 1: Taking the Measure

3	Introduction
5	1 Women's Substance Use in Canada: Findings from the 2004 Canadian Addiction Survey NADYA AHMAD, NANCY POOLE AND COLLEEN ANNE DELL
21	2 Gender Differences by Province in Alcohol Consumption and Consequences: Results of the GENACIS Canada Study KATHRYN GRAHAM, SHARON BERNARDS AND ANDRÉE DEMERS

Section 2: Locating Women's Substance Use

33	Introduction
35	<i>Narrative</i> A First Nations Service Provider's Experience APRIL
37	3 Substance Use among Women in "The Sticks": Northern Perspectives ANITA VAILLANCOURT AND BARB KEITH
51	4 On the Street: Influences on Homelessness in Young Women PATRICIA G. ERICKSON, KATHARINE KING AND YWIT
59	<i>Narrative</i> Community Drug Policy Activist NANCY PEARSON

Contents

- 61 **5** Young Women and Methamphetamine Use
 JANE BUXTON
- 67 ***Narrative*** A Young Woman Speaks of Race, Neglect, Anger and
 Substance Use
 RENEE
- 69 **6** Responding to the Needs of Older Women with Substance Use Problems
 MARGARET FLOWER AND CAROLYNNE COOPER
- 77 ***Narrative*** An Older Woman Speaks from Withdrawal Management
 AUDREY
- 79 **7** No Relief in Sight: Problematic Substance Use and Women with
 Disabilities in Canada
 MONIKA CHAPPELL
- 91 **8** What We Don't Know about Gender, Ethnocultural Communities and
 Smoking: The Case of South Asian Girls
 NATASHA JATEGAONKAR AND KAREN DEVRIES
- 101 **9** Group Work with Lesbian, Bisexual and Trans Women Who Have Alcohol
 and Other Drug Concerns
 FARZANA DOCTOR
- 109 ***Narrative*** A Trans Woman's Story
 DEBBIE
- 111 **10** Mapping Uncharted Terrain: Women with Substance Use Problems in
 Rural Canada
 SHAUGHNEY ASTON, JANELLE COMEAU AND NANCY ROSS

Section 3: Interconnections

- 125 Introduction
- 127 ***Narrative*** A Young Woman Experiences Polydrug Use and Depression
 RACHELLE
- 129 **11** Depression and Problem Substance Use in Women
 CORINNE V. KOEHN AND CINDY HARDY
- 143 ***Research Highlight*** How Do the Media Represent Mothers with Substance
 Use Problems?
 THE "MOTHERING UNDER DURESS" RESEARCH TEAM
- 147 **12** Anxiety Disorders and Substance Use in Women
 SHIMI K. KANG

- 155 **Narrative** A Woman's Experience of Depression, Anti-Anxiety Medication and Weight Issues
MEENA
- 157 **13** The Relationship between Disordered Eating and Substance Use Problems among Women: A Critical Review
SHERRY H. STEWART AND CATRINA G. BROWN
- 165 **Research Highlight** Smoking and Disordered Eating among Adolescent Girls: Investigating the Links
LORRAINE GREAVES, NATASHA JATEGAONKAR AND LUCY MCCULLOUGH
- 169 **14** Intersections of Trauma, Substance Use and HIV Vulnerability among Aboriginal Girls and Young Women Who Use Drugs
KATE SHANNON, PATRICIA SPITTAL AND VICKY THOMAS FOR THE CEDAR PROJECT PARTNERSHIP
- 179 **Research Highlight** Substance Use, HIV and Violence Experiences of Rural and Aboriginal Women
COLLEEN VARCOE AND SHEILA DICK
- 185 **Narrative** Mothering and Mental Illness: The Twin Threads of My Existence
DORIS
- 187 **Research Highlight** Substance Use as Self-Harm: Perspectives of Criminalized Women
COLLEEN ANNE DELL AND CATHY FILLMORE
- 191 **15** Influencing Women's Substance Use: The Role of Transition Houses
NANCY POOLE, LORRAINE GREAVES, NATASHA JATEGAONKAR, LUCY MCCULLOUGH AND CATHY CHABOT
- 201 **16** Treating Problem Substance Use and Posttraumatic Stress Disorder Concurrently
PAMELA STEWART
- 211 **Research Highlight** Interconnections among Women's Health, Violence and Substance Use: Findings from the Aurora Centre
NANCY POOLE

Section 4: Pregnancy and Mothering

- 215 Introduction
- 217 **Narrative** A Mother Goes to Treatment
NAOMI
- 219 **17** Pregnancy, Mothering and Substance Use: Toward a Balanced Response
LORRAINE GREAVES AND NANCY POOLE

Contents

- 227 **18** Beyond Shame and Blame: Aboriginal Mothers and Barriers to Care
AMY SALMON
- 237 ***Narrative*** My Path as a Mother of a Son with Fetal Alcohol Syndrome
JANINE
- 239 **19** Engaging Pregnant Women and Mothers in Services: A Relational
Approach
MARGARET LESLIE
- 247 ***Research Highlight*** Improving Outcomes for Women and Their Children:
Evaluation of the Sheway Program
NANCY POOLE
- 249 **20** In-Hospital Stabilization of Pregnant Women Who Use Drugs
SARAH PAYNE
- 257 **21** Reaching Mothers and Children Affected by Substance Use
LUCY HUME AND NANCY BRADLEY
- 263 ***Narrative*** A Mother Protects Herself and Her Child
NOTISHA
- 265 ***Research Highlight*** Better Practices for Smoking Cessation with
Pregnant and Postpartum Women
THE “EXPECTING TO QUIT” RESEARCH TEAM
- 269 **22** Risk Assessment and Mothers Who Use Substances: Contradictions in
Child Welfare Practice and Policy
DEBORAH RUTMAN, MARILYN CALLAHAN AND KAREN SWIFT
- 283 ***Practice Highlight*** Shame Reduction: A Model for Training Child Welfare
Workers on Best Practices with Mothers Who Use Substances
SYDNEY M. WEAVER
- 289 ***Policy Highlight*** A Women-Centred Framework for the Prevention of
Fetal Alcohol Spectrum Disorder
NANCY POOLE

Section 5: Responding with Programs

- 301 Introduction
- 303 ***Narrative*** A Young Woman Finds Her Path through the Treatment System
GABRIELLA
- 305 **23** Mapping Responses to Women with Substance Use Problems in
Rural Canada
SHAUGHNEY ASTON, JANELLE COMEAU AND NANCY ROSS

- 313 **24** Hospitals, Doctors and Pregnant Women with Substance Use Problems:
Working Together
PETER SELBY AND ALICE ORDEAN
- 323 **25** Addressing Tobacco Dependency in Women's Substance Use Treatment
GAIL MALMO
- 333 **26** Substance Use Programming for Women in the Criminal Justice System
LUCY HUME, BRIAN GRANT AND APRIL FURLONG
- 341 **27** Creating Comprehensive Methadone Treatment for Women
LORI NAYLOR
- 349 **28** Motivational Approaches to Assessing and Treating Women with
Disordered Eating and Substance Use Problems
JOSIE GELLER, KRISTA E. BROWN AND SUJA SRIKAMESWARAN
- 355 **29** Challenges in Understanding the Co-prevalence of Disordered Eating
and Substance Use Problems and in Responding with Integrated Services
SHERRY H. STEWART AND CATRINA G. BROWN
- 363 *Narrative* Teaching Yoga at a Women's Treatment Centre
PAMELA PATTERSON
- 365 **30** A Braided Recovery: Integrating Trauma Programming at a Women's
Substance Use Treatment Centre
LUCY VAN WYK AND NANCY BRADLEY
- 373 **31** Seeking Safety: Integrating Substance Use Programming at a Sexual
Assault Centre
SALLY GOSE AND LINDA JENNINGS
- 381 **32** Nurturing Fire: Auricular Acupuncture as an Addition to
Women's Treatment
CHRISTINE D. WILLETTE
- 389 *Narrative* Acupuncture as Part of a Treatment Experience
LISA
- 391 **33** Weaving the Voices of Women into Health Promotion Approaches
WENDY REYNOLDS
- 397 **34** Sixteen Steps for Discovery and Empowerment
CHARLOTTE SOPHIA KASL
- 407 **35** Responding to the Interconnections: Substance Use and Disordered
Eating in Women
CHRISTINE M.A. COURBASSON

Section 6: Challenges and Opportunities

- 417 Introduction
- 419 **Narrative** Community Drug Policy Activism
JENNIFER EFTING
- 421 **36** Using Gender-Based Analysis to Improve Addiction Survey Instruments
DEBBIE PEARCE, LORRAINE GREAVES AND NANCY POOLE
- 431 **37** Making Harm Reduction Work When Treating Women for Alcohol Use Problems
CATRINA G. BROWN AND SHERRY H. STEWART
- 441 **Policy Highlight** Proposing a Mother-Centred Policy Framework
THE “MOTHERING UNDER DURESS” RESEARCH TEAM
- 447 **Narrative** Advocating for Sex-Trade Workers with Fetal Alcohol Spectrum Disorder
BARB SMITH
- 449 **38** The Silent Addiction: Women and Prescribed Psychotropic Drugs
JANET C. CURRIE
- 465 **Narrative** A Woman’s Experience with Benzodiazepines
MAGGIE
- 467 **39** Building a Feminist Substance Use Treatment Service
SANDI HARMER
- 473 **Policy Highlight** Two Provincial Frameworks for Women’s Substance Use Treatment Services
JANINE GATES AND AADAC
- 481 **Policy Highlight** Toward Gendered Aboriginal Tobacco Policy
DEBBIE PEARCE, ANN PEDERSON AND LORRAINE GREAVES
- 493 **Research Highlight** A Research Training Program in Gender, Women and Addictions
LORRAINE GREAVES AND NANCY POOLE
- 495 **40** Women and Substance Use Research in Canada
COLLEEN ANNE DELL
- 507 Concluding Thoughts
- 511 About the Editors
- 513 About the Authors
- 525 Index