Education at CAMH reaffirms our shared commitment to continuous improvement and to developing high-quality educational products and services based on evidence, evaluation and research in support of the One CAMH 2020–2023 corporate strategy. As an academic health sciences centre and a growing organization, it is essential that we develop new knowledge and share these best practices across CAMH, the mental health and addiction systems and the community.

As an education and knowledge exchange system leader, we are committed to preparing clinicians and communities for the future by making use of technology, monitoring impact and ensuring alignment with emerging needs.

We are delighted that in 2021–2022 several teams across CAMH came together to share our work under Education Integration: the Business Development Office; Clinical Informatics; Extension for Community Healthcare Outcomes; Empowerment Council; Enterprise Project Management Office; Health Equity; Nicotine Dependence Service; People and Experience; Organizational Development; Patient and Family Engagement; Professional Practice; and Shkaabe Makwa.

This report highlights key work we have accomplished together in 2021–2022.
Inspire

We will invest in people and infrastructure today to build a better tomorrow with patients, families and communities.

We will make life-changing discoveries at the intersections of care, research, education and technology.

We will mobilize the growing movement of mental health advocates.
**TIDES (Trauma-Informed De-escalation and Education for Safety and Self-Protection)**

- 3,507 staff completed training (950 received sim-based learning). [More information here](#)

**Early Psychosis Intervention– Spreading Evidence-Based Treatment (EPI-SET/NAVIGATE) to support young people experiencing psychosis and bipolar disorder**

- 28 staff across Ontario participated in the launch of CAMH’s advanced training on bipolar disorder treatment through this collaboration with the Slaight Centre for Youth in Transition; 65% of learners reported overall satisfaction with the course; 88% reported intention to change practice. [More information here](#)

**CAMH Library**

- 21 unique courses designed to teach search skills were delivered to 140 learners; 10 research orientation sessions were offered to approximately 250 learners.

- Librarians partnered with 9 Extension for Community Healthcare Outcomes (ECHO) programs to research and present 290 topics supporting health care providers across Ontario in delivering high-quality, evidence-based mental health and addiction care.

> "[Librarians] are simply AMAZING! The information not only hits the mark, it split the bullseye! Librarians rank extremely high on my list of noble professions. Your kind attention and invaluable assistance only prove me right."

— CAMH Library service patron
Innovative simulation-based cognitive rehearsal training promotes clinician well-being

• 100 staff participated in a pilot program to learn strategies for managing, mitigating and reducing interpersonal conflict, particularly micro-aggression, using simulation-based cognitive rehearsal training. The program is now embedded in orientation for new nursing staff.

Simulation Centre makes history

• The CAMH Simulation Centre has been granted official accreditation status by the Royal College of Physicians and Surgeons of Canada, making it the only hospital-based mental health simulation centre in the world to win this honour. More information here

Simulation-based virtual reality training to promote patient safety

• 31 medicine and nursing learners tested the new Virtual Reality Suicide Risk Assessment training. This work has also received a grant to test its efficacy. More information here
Include

We will ensure easy access in person and digitally.

We will place diversity, equity and inclusion at the centre of our work.

We will partner authentically, within CAMH and across our communities.
Collaborative Learning College (CLC)

- After pivoting to virtual course delivery, the Collaborative Learning College (formerly Recovery College) continued its scale-up by offering 85 courses with 788 enrollments; 433 participants attended at least one session. More information here

“The CLC represents to me a mosaic of offerings that I find very beneficial in my recovery and my life. I feel included in a spectrum of wellness that is supported by peers and staff. We talk about art, music, healing, mindfulness and so much more. I feel heard, supported, and get to learn something new or have a safe space to revisit anything I want or need to. At the CLC, I have built some amazing connections and relationships with folks in the community. Most of all, it gives me the opportunity to think universally and create a relationship within myself.”

— Student, Collaborative Learning Centre

RBC Patient and Family Learning Space

- Launched in November 2021, the RBC Patient and Family Learning Space is an interactive hub where patients, families and the community can access reliable information about mental health, substance use and recovery. More information here

Learners’ Advisory Council to improve learning experiences

- CAMH launched the Learners’ Advisory Council, where learners identify supports to improve the experiences of people getting training and education at CAMH.
- There were 1,558 graduate and undergraduate student placements from various colleges and universities. 34 seminars were delivered to students to promote interprofessional and collaborative education.

Leveraging technology and social media

- The camh.ca tab dedicated to professionals continues to grow as a resource for mental health professionals and now includes information on immigrant and refugee mental health, dual diagnosis and helping family members of people with schizophrenia. The webpages have been redeveloped and redesigned to provide a complete list of CAMH’s offerings for professionals, patients and family members.
- Quick Takes, a podcast for physicians, released 6 new episodes, with 2,351 downloads. There were 10,671 downloads of podcasts from previous years.
- CAMH Education Twitter has 288+ followers (over 14,000 total); 126 tweets; 267 retweets; 142,925 impressions; 371 likes.
**Health Equity and Fair & Just CAMH**

- Developed in alignment with Fair & Just CAMH, the Health Equity and Inclusion Framework for Education and Training integrates an equity lens into the planning, development and delivery of education and training initiatives. The framework is now used at the University of Toronto Temerty Faculty of Medicine, hospitals affiliated with the Toronto Academic Health Science Network and other academic institutions in Canada and the United States. [More information here](#).
- 5,631 health care professionals and settlement and social workers participated in professional development, including training on anti-Black racism, to build their health equity knowledge and skill set. [More information here](#).

> "This was one of the most powerful, relevant, practical and tactical trainings I have done. My educational journey continues and this has led me to further explore and understand the history and impacts on anti-Black racism."  
> — Participant, Foundational Knowledge on Anti-Black Racism training

**Shkaabe Makwa training and professional development**

- 3,024 Indigenous health service professionals, educators, Elders and knowledge keepers participated in training on topics related to mental health, harm reduction and self-care to support First Nations, Inuit and Métis communities. [More information here](#).

> "I can hands down say that the “Beautiful Difference” webinar has been THE BEST, most informative and engaging webinar I have attended so far within my time in the field. I have been working as an education support advocate with the Métis Nation of Ontario for the last year, and … the workshop seminar has provided so much knowledge that I can bring forth moving forward to support Métis families and their children with exceptionalities. Kinanâskomitin / ᐄᓃᐸ / thank you."  
> — Participant, Shkaabe Makwa training
Impact

We will move the dial on patient-centred health outcomes.

We will design the future as a partner and leader in system transformation.

We will collaborate for scale and spread of innovations to advance systems of care and to sustain positive change that is local and global.
Digital Mental Health and Artificial Intelligence certificate course
- 534 health care professionals registered and completed modules about building their digital mental health and artificial intelligence capacity and skill set. [More information here](#)

Continuing professional development (CPD)
- 16,399 health care professionals attended CPD courses to build their capacity to deliver mental health and addiction services. [More information here](#)

Customer Service and De-escalation Training
- 867 staff from 9 organizations received training on mental health awareness, stigma reduction and customer service de-escalation. [More information here](#)

Extension for Community Healthcare Outcomes (ECHO)
- 2,740 health care professionals participated in interactive virtual education to build their capacity to support evidence-based mental health and addictions care in their communities. [More information here](#)

"To say that this program was helpful is a massive understatement. The depth of knowledge, wisdom and passion the HUB team has shown me in this program is indescribable. They made the details easy to absorb and helped me put them into practical terms that I could use almost instantly the next day. The consultations were invaluable, as they helped me piece together all the components and apply it to difficult cases that are similar to all of us!"

—Participant, ECHO Ontario Mental Health

Training Enhancement in Applied Counselling and Health (TEACH)
- 491 health care professionals received training (13 courses offered) to enhance treatment capacity for tobacco cessation and health interventions that support patients. [More information here](#)

"This was an excellent learning opportunity as a newly licensed pharmacist. This virtual course provided plenty of interprofessional interaction and great resources for my practice. I would recommend this to any health care practitioner looking to learn more about smoking cessation and strengthen their practice."

—TEACH participant
Leadership development and workplace mental health and wellness promotion

• 515 CAMH leaders participated in leadership development workshops; 166 CAMH staff participated in unit-specific team charter development; 2,889 leaders and employees from external organizations completed workshops on workplace mental health and wellness. More information here

"It's nice to see mental health training becoming part of health and safety training. Just starting the conversations is an important part and this training was great to learn just how to have conversations with people and understand the variety of mental health issues."

—Participant, Managing Mental Health in the Workplace for Leaders

Peer-reviewed academic publications, grants and awards

53 peer-reviewed publications
15 new grants totalling $2.31 million
16 awards

Interdepartmental support services

294 library searches (3,000 hours) conducted to support and facilitate research, publications (with librarians as co-authors) and clinical practice.

979 accounts and 45 courses created in Campus; 637 CAMH staff received I-CARE training to support patients, families and health care teams via technology.

Program evaluation

83 pre-/post-evaluations to support internal and external programs, including evaluation support to the Canadian Nurses Association and the Ontario Association of Social Workers.
Key achievements of 2021–2022

- **488 people attended 85 Collaborative Learning College courses**
- **3,756 non-CAMH staff and organizational leaders received training on mental health awareness, de-escalation and wellness**
- **34,379 learners attended CPD sessions for health care professionals (including 1,808 simulation-based sessions; 3,024 Indigenous participants)**
- **1,558 student placements from various colleges and universities**
- **55 peer-reviewed articles; 15 new education grants totaling $2.31 million/year; 16 awards**

Four-year comparison of key statistics

<table>
<thead>
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<th>Number of ...</th>
<th>2018–19</th>
<th>2019–20</th>
<th>2020–21</th>
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<tr>
<td>CPD learners*</td>
<td>8,953</td>
<td>11,224</td>
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<td>Simulation-based learners*</td>
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<td>85</td>
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<tr>
<td>Publications and grants</td>
<td>27 peer-reviewed articles; 5 grants; 5 awards</td>
<td>31 peer-reviewed articles; 8 grants</td>
<td>53 peer-reviewed articles; 25 grants ($1.74 million/year); 18 awards</td>
<td>55 peer-reviewed articles; 15 new education grants totalling $2.31 million/year; 16 awards</td>
</tr>
</tbody>
</table>

* Learners are not unique and may have been counted multiple times based on their attendance in various courses.