Education and Training
We offer formal and informal education and training workshops. These workshops can be arranged by contacting any intake numbers listed above.

Research
We have a growing clinical and system research program, as well as links to research activities in Ontario and Canada. Research helps us to better understand the needs of people with dual diagnosis and develop more effective treatments.

Did you know?
Persons with a developmental disability experience physical disabilities, communication difficulties or psychiatric illness in greater numbers than the general population. Untreated medical problems can lead to the communication of pain through challenging behaviour (self abuse, destruction, aggression). A developmental disability can be masked by or confused with various mental disorders.

We value
- a client-centred approach
- the strengths and capacities of clients
- the integral role of families
- partnerships and collaboration with many stakeholders
- sensitivity to abilities, age, race, culture, ethnicity, religion and sexual orientation
- a respectful, safe, and supportive environment for clients, families and staff
- ongoing development, learning and education for clients, families and staff
- ethical clinical and research practice.
The Dual Diagnosis Program helps people age 16 and older who have a dual diagnosis, their families and their care providers. In Ontario, “dual diagnosis” refers to people who have both a developmental disability and mental health needs.

We help people who have:
· a history of unclear assessment and diagnosis
· a history of medication problems, such as limited effects of medication, side-effects of medication or being on many different medications at once
· other health issues, such as communication disorders or seizure disorders, that complicate treatment.

Admission criteria
· onset before age 18,
· a cognitive impairment at the mild level or below, and
· deficits in adaptive functioning.

Who we are
Our team works together to assess and treat clients. Our team includes:
· psychiatrists
· nurses
· social workers
· psychologists
· occupational therapists
· developmental workers
· behaviour therapist
· a recreational therapist
· a child and youth worker
· a pharmacist
· a nurse practitioner
· an advanced practice nurse.

We also work with families/consumers and people who work in the fields of mental health and developmental services.

What we offer
We offer assessment, consultation and time-limited treatment. Our services are co-ordinated with The Central Ontario Community Network of Specialized Care for individuals with a dual diagnosis and/or challenging behaviour. We also work closely with hospital, primary care and community providers.

Community Teams
Our two community team offices offer the following services:

Dual Diagnosis Resource Service – Toronto (DDRS)
This service offers time-limited consultation, assessment, diagnosis, treatment, in-home and crisis supports, program recommendations, education, training, advocacy and co-ordination between services offered by different agencies.

Referrals can be made over the telephone by a case manager, service provider, physician, family member or client. An intake worker will call you back within one business day. The worker will ask for a detailed history, including current diagnoses, treatments and factors that may be contributing to the problem. Referrals are reviewed by the interdisciplinary team. Contact: 416 535-8501, extension 7809.

Dual Diagnosis Service – Peel Region
This service offers time-limited consultation, assessment, diagnosis, treatment, crisis planning, program recommendations, education, training, advocacy and co-ordination and facilitation between services. Referrals can be made over the telephone by a case manager, service provider, physician, family member or client. An intake worker will call you back within one business day. The worker will ask for a detailed history, including current diagnoses, treatments and factors that may be contributing to the problem. Referrals are reviewed by the interdisciplinary team. Contact: 416 535-8501, extension 7728.

The Dual Diagnosis Service Peel has shared intake with Oaklands Regional Centre and active partnerships with Brampton, Caledon, and Mississauga Community Living, Peel Crisis Capacity Network and Supportive Housing in Peel.

Inpatient Unit
Our inpatient unit has 15 beds for time-limited admission, assessment and treatment. For community referrals, please contact one of our Community Teams. For access from CAMH inpatient programs, call: 416 535-8501, extension 2815.

Day Treatment Program
For community clients or clients already on a CAMH inpatient unit, and as an alternative to inpatient admission, we offer a Day Treatment Program. This program offers assessment, time-limited treatment and skill training. For community referrals, please contact one of our community teams. For access from CAMH programs, call: 416 535-8501, extension 2815.