## CAMH Memory Clinic offers in-person and virtual care

Symptoms of cognitive disorder:

- Changes in performing daily activities and/or changes in job performance
- Needing more reminders
- Forgetting recent conversations
- Asking the same question over and over again
- Forgetting appointments, special occasions, and/or forgetting to take medications
- Difficulty finding the right word or losing one's train of thought in mid-sentence
- Regularly misplacing items, such as keys or wallet
- Difficulty looking after finances (writing cheques, banking or managing money)
- Getting lost in familiar areas
- Changes in personality, mood, behaviour or function



For more information, please contact: **CAMH Memory Clinic** 

#### **Geriatric Mental Health Outpatient Services**

Garron Family Building 80 Workman Way, Ground floor Toronto, ON M6J 1H4

**Tel:** 416-535-8501 ext. 33448

**Fax:** 416-583-1296



### camh

# Memory Clinic

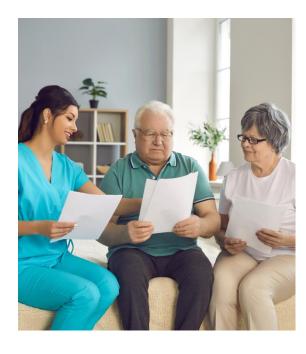
## camh

Centre for Addiction and Mental Health 11001 Queen Street West, Toronto, ON M6J 1H4 camh.ca

#### **Services**

We provide the following services for people with memory disorders and their families or caregivers:

- Diagnostic work-up and follow-up care
- Individualized care plan
- Caregiver support
- Research participation
- In-person and/or virtual services



The CAMH Memory Clinic cares for people aged 50+ who have changes in memory and other aspects of cognition (language, personality, concentration, etc.), and related changes in mood, behavior or function.

#### **Professionals**

#### Our team

#### **Geriatric psychiatrists:**

Specialize in assessing and treating memory and other psychiatric disorders in older adults.

#### **Neurologists:**

Specialize in assessing and managing neurological conditions, with specific focus on movement disorders and problems with thinking and memory.

#### **Neuropsychologists:**

Specialize in standardized neuropsychological tests to identify memory and other cognitive impairment and suggest compensatory strategies.

#### **Social workers:**

Specialize in assessing and managing the psychosocial impact of memory loss, and ways to provide direct support and access to services in the community.

#### Occupational therapists:

Specialize in memory assessment and its impact on functional independence and safety, provides education about compensatory strategies and community services.

#### **Registered nurses:**

Provide physical and mental health assessments, and medication support.



#### **Referral Process**

The Memory Clinic accepts referrals from:

- Physicians and other clinicians
- Community agencies

You can make a referral by going to the web page link below, or scanning the QR code, and filling out the CAMH Referral Form.

#### www.camh.ca/referral-form



We recommend that a family member and/or caregiver who knows the patient well accompany them for their clinic visits.