

LET(s)LEAD ACADEMY

LIVED EXPERIENCE TRANSFORMATIONAL LEADERSHIP ACADEMY

The Centre for Addiction and Mental Health is seeking people with Lived Expertise of recovery of mental health and substance use challenges to participate in an innovative leadership course offered by Yale University.



Are you an emerging leader with lived expertise of mental health and substance use recovery making positive changes in your community and interested in transformational social change?

Would you like to learn and share knowledge and skills and to make your efforts even more effective?

We are recruiting **eight** emerging community leaders with lived expertise of recovery from mental health and substance use challenges to participate as Fellows of the LET(s)LEAD Academy, a leadership development program offered by the Yale Program for Recovery and Community Health.

The course will be offered at CAMH with video-linked facilitation by instructors at Yale University in New Haven, Connecticut. The first phase of the course consists of 10 weekly seminars that cover concepts such as developing a personal vision, transformational change, appreciative inquiry, strategy and change management. In engaging with these ideas, we will draw from the experience and knowledge of our Fellows and learn from community and thought leaders in the field. In the second phase of the course, Fellows will be matched with projects at CAMH in which they will develop and implement a leadership action plan with the mentorship of a community leader at Yale. It is hoped that after course completion Fellows will provide Lived Expertise Transformational Leadership at CAMH at all levels of the organization as community stakeholders.

Registration for the course is **FREE**. All tuition fees will be paid by the *Hugo Fund* made available through the CAMH Foundation. Fellows will need to dedicate approximately 6 hours per week to the program during the first phase, including weekly 2-hour seminars and approximately 4 hours of homework between classes. This 10-week seminar series will run from **September through November 2018** and will be followed by 4 months of project work, monthly meetings and monthly mentoring sessions. Fellows who complete the course will receive a LET(s)LEAD Certificate from Yale University in April 2019.

Information Session: June 12, 2018 at 12 pm, please RSVP to sacha.agrawal@camh.ca for details

Application form: please contact sacha.agrawal@camh.ca

Application Deadline: June 30, 2018

LET(s)LEAD is a collaboration between people with lived expertise and the Yale School of Medicine Program for Recovery and Community Health. It was initially funded by the Center for Mental Health Services (CMHS) at SAMHSA, a branch of the United States federal government.