

# Advancing Research on Women's Mental Health

April 17–18, 2024

## CONFERENCE PROGRAM



camh | womenmind™





This event is an Accredited Group Learning Activity (section 1) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada, and approved by the CAMH Simulation Centre. You may claim a maximum of 15.5 hours (credits are automatically calculated).

## Thank you for joining us at CAMH *womenmind*<sup>™</sup> conference.

It is with great pleasure that I welcome you to the inaugural CAMH *womenmind* Conference. I am thrilled to witness the convergence of brilliant minds dedicated to addressing the critical issues surrounding women's mental health.

Throughout the conference, you will have the opportunity to engage with leading experts, share cutting-edge research findings, and explore innovative strategies for advancing the well-being of women worldwide.

I encourage each of you to actively participate throughout the conference. Your unique perspectives, experiences, and expertise are invaluable contributions to our shared mission of advancing women's mental health research.

Thank you for your dedication, passion, and commitment to advancing women's mental health research. I look forward to the transformative conversations and insights that will emerge from our time together.



With my warmest regards,

**Dr. Liisa Galea**

Treliving Family Chair in Women's Mental Health,  
Senior Scientist, Campbell Family Mental Health  
Research Institute, CAMH;  
Professor Dept. of Psychiatry at University of Toronto

APRIL 17, 2024 — MORNING

8:00–8:45 am **BREAKFAST, REGISTRATION AND TRAINEE POSTERS**

8:45–9:15 am **Welcome remarks**

9:15–10:55 am **Understanding How Hormonal Cycles Impact Mental Health**

**The Link Between Pubertal Stress, Hormonal Changes, and Mental Illness** Dr. Nafissa Ismail

**The Brain Epigenome as a Bridge Between Ovarian Hormones and Mental Health** Dr. Marija Kundakovic

**Understanding the Biopsychosocial Mechanisms of Premenstrual Dysphoric Disorder (PMDD) to Inform Better Care** Dr. Benicio Frey

**From the Game of Hormones to the House of Neural Dragons: Bridging Data Gaps in Neuroscience for Precision Women’s Mental Health and the Application of Artificial Intelligence in Large Multimodal Databanks** Dr. Julia Sacher

10:55–11:10 am **MORNING BREAK: COFFEE, TEA AND SNACKS**

11:10 am–12:50 pm **Elevating Voices: Integrating Expertise and Advocacy in Collaborative Research for Greater Impact**

**Co-Design in Research Involving Patients and Families** Dr. Sophie Soklaridis and Holly Harris

**Autistic Women—Underdiagnosed and Misunderstood** Megan Pilatzke

**Why Canada Needs a Perinatal Mental Health Strategy** Patricia Tomasi

**Indigenous Women, Two-Spirit, Trans and Gender-Diverse Peoples’ Experiences with Anti-Indigenous Racism and Mental Health Care** Marisa Blake

# SCHEDULE | DAY ONE

APRIL 17, 2024 — AFTERNOON

12:50–1:50 pm LUNCH AND TRAINEE POSTERS

1:50–3:30 pm A Spotlight on Perinatal Mental Health

**Treating for Two: Innovations in the Epidemiology and Treatment of Mental Illness Around the Time of Pregnancy**

Dr. Simone Vigod

**Scaling up Psychological Treatments for Perinatal Mental Health**

Dr. Daisy Singla

**Insights into Perinatal Mood from a Translational Mouse Model Built with Women in Mind**

Dr. Kathleen Morrison

**Black Perinatal Mental Health: Disparities, Social Determinants of Health, and Achieving Equity**

Dr. Crystal Clark

3:30–3:45 pm AFTERNOON BREAK: COFFEE, TEA AND SNACKS

3:45–5:25 pm Effects of Menopause on Women's Mental Health, Dementia and Alzheimer's Disease

**Menopause and Age Affect Episodic Memory and Related Brain Function in Middle-Aged Females**

Dr. Natasha Rajah

**Cognitive Effects of Menopause and Interaction with Other Dementia Risk Factors**

Dr. Kirsten Zuloaga

**The Many Menopauses: The Effects of Ovarian Removal on Women's Brain Health**

Dr. Gillian Einstein

**Exercising to Prevent Dementia: Role of Biological Sex, Genetics and Parity History**

Dr. Cindy Barha

5:35–6:00 pm Hot Topics: Young Investigator Symposium

APRIL 18, 2024 — MORNING

8:00–8:45 am **BREAKFAST, REGISTRATION AND TRAINEE POSTERS**

8:45–10:30 am **What Do Sex and Gender Have to Do With It?  
How Studying SGBA Can Advance Knowledge  
on Mental Health for All**

**Beyond the Binary: Sex and Gender Considerations  
in Stress and Resilience Research** Dr. Robert Paul Juster

**Depression and Inflammation: What Does SeXX Have  
to Do With It?** Dr. Georgia Hodes

**Decoding the Sex-Specific Developmental Impact  
of Adverse Experiences in Adolescence** Dr. Cecilia Flores

**Integrating Sex and Gender in Autism Research** Dr. Meng-Chuan Lai

10:30–10:45 am **MORNING BREAK: COFFEE, TEA AND SNACKS**

10:45 am–12:25 pm **The Influence of Hormonal Contraceptives on  
Mental Health**

**Who is at Risk for Depression When Using Hormonal  
Contraceptives?** Dr. Inger Sundström  
Poromaa

**What and How Do You Feel When Taking Hormonal  
Contraception?** Dr. Birgit Derntl

**Hormonal Contraceptives and Depression:  
Implications for Precision Psychiatry** Dr. Vibe Frokjaer

**Beyond Birth Control: Hormonal Contraceptives  
and the Adolescent Brain** Dr. Benedetta Leuner

# SCHEDULE | DAY TWO

APRIL 18, 2024 — AFTERNOON

12:25–1:30 pm LUNCH AND TRAINEE POSTERS

1:30–3:10 pm **Harnessing Big Data to Understand Women’s Mental Health**

**The Aging Female Brain: The Role of Immunoendocrine Factors During Pregnancy and Menopause** Dr. Claudia Barth

**Leveraging Brain-Based Predictive Models to Understand Women’s Health** Dr. Elvisha Dhamala

**The Ann S. Bowers Women’s Brain Health Initiative: A Trans-UC Neuroimaging Consortium to Advance Women’s Health Research** Dr. Emily Jacobs

**Cellular and Molecular Mechanisms of Depression and Stress Susceptibility: Sex Matters** Dr. Marianne Seney

3:10–3:25 pm AFTERNOON BREAK: COFFEE, TEA AND SNACKS

3:25–4:25 pm **Spotlighting The U’s in Women’s Mental Health: Underfunded, Undervalued, Understudied—Leaving Women Undiagnosed, Untreated and Unhealthy**

**Reflections and Call to Action for the Advancement of Women’s Mental Health** Dr. Liisa Galea and guests

**A Randomized, Double Blind, Placebo Controlled Trial of a Novel Dietary Supplement to Prevent Postpartum Blues** Special guest  
Dr. Jeffrey Meyer

4:30–4:35 p.m Closing Remarks

## Understanding How Hormonal Cycles Impact Mental Health

Chair: **Dr. Liisa Galea**



**Dr. Nafissa Ismail**

(she/her)

PhD, Professor in the Department of Psychology at University of Ottawa; University Research Chair in Stress and Mental Health



**Dr. Marija Kundakovic**

(she/her)

PhD, Associate Professor in the Department of Biological Sciences at Fordham University



**Dr. Benicio Frey**

(he/him)

MD, PhD, Professor, Department of Psychiatry and Behavioural Neuroscience at McMaster University; Medical Director, Women's Health Concerns Clinic and Director, Centre for Clinical Neurosciences at St. Joseph's Healthcare Hamilton



**Dr. Julia Sacher**

(she/her)

MD, PhD, Professor of Cognitive Neuroendocrinology with the Medical Faculty of the University Clinic of Leipzig and the Max Planck Institute for Human Brain Sciences



## Elevating Voices: Integrating Expertise and Advocacy in Collaborative Research for Greater Impact

Chair: **Dr. Samantha Wells**



**Dr. Sophie Soklaridis**  
(she/her)

PhD, Senior Scientist and Scientific Director at CAMH; Associate Professor at the Temerty Faculty of Medicine, University of Toronto; Vice-Chair of Mental Health Equity and EDIIA at the Department of Psychiatry



**Holly Harris**  
(she/her)

M.A., Research Coordinator for the Collaborative Learning College at CAMH



**Megan Pilatzke**  
(she/her)

Megan is a proud autistic woman with over 30 years of lived experience misdiagnosis and mental health. She is an advocate, public speaker and expert in promoting autism and neurodiversity acceptance, inclusion, and accessibility.



**Patricia Tomasi**  
(she/her)

BJourn, CC-PMH, Co-Founder and Executive Director of the Canadian Perinatal Mental Health Collaborative



**Marisa Blake**  
(she/her)

Researcher

## A Spotlight on Perinatal Mental Health

Chair: **Patricia Tomasi**



**Dr. Simone Vigod**

(she/her)

MD, MSc, Professor Temerty Faculty of Medicine at the University of Toronto; Head of the Department of Psychiatry and Senior Scientist and Shirley A. Brown Memorial Chair in Women's Mental Health Research at Women's College Hospital



**Dr. Daisy Singla**

(she/her)

PhD, C. Psych, Associate Professor in the Department of Psychiatry at the University of Toronto; *womenmind* Senior Scientist at CAMH



**Dr. Kathleen Morrison**

(she/her)

PhD, Assistant Professor of Behavioral Neuroscience at West Virginia University



**Dr. Crystal Clark**

(she/her)

MD, MSc, Associate Professor in the Department of Psychiatry at the University of Toronto; Associate Head of Research at Women's College Hospital; Scientist at Women's College Hospital Research Institute

## Effects of Menopause on Women's Mental Health, Dementia and Alzheimer's Disease

Chair: **Dr. Liisa Galea**



**Dr. Maria Natasha Rajah**  
(she/her)

PhD, Canada Research Chair (Tier 1) in Sex, Gender, and Diversity, in Brain Health, Memory, and Aging; Professor in the Department of Psychology, Toronto Metropolitan University



**Dr. Kirsten Zuloaga**  
(she/her)

PhD, Associate Professor and Director of Graduate Studies in the Department of Neuroscience and Experimental Therapeutics and Co-Founder/ Co-Director of the NY Capital Region Postdoctoral Development Program, Albany Medical College



**Dr. Gillian Einstein**  
(she/her)

PhD, The Wilfred and Joyce Posluns Chair in Women's Brain Health and Aging; Professor of Psychology at the University of Toronto; Associate Scientist, Baycrest Hospital



**Dr. Cindy Barha**  
(she/her)

PhD, Assistant Professor Neuroscience in the Faculty of Kinesiology at University of Calgary; Canada Research Chair in Neuroscience, Brain Health and Exercise (Tier II)



## Hot Topics: Young Investigator Symposium

| PRESENTER                      | ABSTRACT                                                                                                            |
|--------------------------------|---------------------------------------------------------------------------------------------------------------------|
| <b>Ann-Christin Kimmig</b>     | Linking Hormonal Shifts during Pill Use Changes with Female Functional Brain Architecture and Mood                  |
| <b>Dana Jarkas</b>             | Sex Differences in the Inflammation-Depression Link: A Systematic Review and Meta-analysis                          |
| <b>Jana Radosavljevic</b>      | Sex- and Diagnostic-based Analyses Reveal Immune Subgroups of Depression                                            |
| <b>Madeline Wood Alexander</b> | Interactive Associations of APOE- $\epsilon 4$ Genotype and Oral Contraceptive Use with Late-life Cognitive Decline |
| <b>Megan Mio</b>               | Suicide Attempts as an Independent Predictor of Worse Heart Health in Female Youth with Mood Disorders              |
| <b>Romina Garcia</b>           | Unveiling the Effects of IL-1 $\beta$ on Antidepressant Efficacy Using a Preclinical Model of Postpartum Depression |
| <b>Serena Habib</b>            | Off-Label: Lived and Embodied Experiences of Premenstrual Dysphoric Disorder                                        |

## What Does Sex and Gender Have to Do With It? How Studying SGBA Can Advance Knowledge on Mental Health for All

Chair: **Dr. Liisa Galea**



**Dr. Robert Paul Juster**  
(he/him)

PhD, Director of the Center on Sex\*Gender, Allostasis, and Resilience at the Montreal Mental Health University Institute; Associate Research Professor, Department of Psychiatry and Addiction at the University of Montreal; CIHR Sex and Gender Science Chair



**Dr. Georgia Hodes**  
(she/her)

PhD, Assistant Professor at the School of Neuroscience, Virginia Tech



**Dr. Cecilia Flores**  
(she/her)

PhD, Professor in the Department of Psychiatry and Associate Member of the Department of Neurology and Neurosurgery at McGill University



**Dr. Meng-Chuan Lai**  
(he/him)

MD, PhD, Staff Psychiatrist and Senior Scientist at CAMH; Associate Professor and Co-Chair, Advisory Council for Equity, Diversity, Inclusion, Indigeneity and Accessibility in Clinical Care in the Department of Psychiatry at the University of Toronto

## The Influence of Hormonal Contraceptives on Mental Health

Chair: **Dr. Sanjeev Sockalingam**



**Dr. Inger Sundström Poromaa**  
(she/her)

MD, PhD, Professor of Obstetrics and Gynecology at Uppsala University, Sweden; Visiting Professor at the Center for Neuroendocrinology, University of Otago, New Zealand, and at the National University of Singapore



**Dr. Birgit Derntl**  
(she/her)

PhD, Psychologist; Psychotherapist; Professor of Women's Mental Health and Brain Function at the Department of Psychiatry and Psychotherapy, University of Tübingen



**Dr. Vibe Frokjaer**  
(she/her)

MD, PhD, Clinical Professor in Neuropsychiatry, Department of Clinical Medicine, University of Copenhagen, Denmark



**Dr. Benedetta Leuner**  
(she/her)

PhD, Associate Professor of Psychology at the Ohio State University, with an appointment in the Department of Neuroscience

## Harnessing Big Data to Understand Women's Mental Health

Chair: **Dr. Aristotle Voineskos**



**Dr. Claudia Barth**

(she/her)

PhD, Co-founder of the Women's NeuroNetwork; Researcher in the Department of Psychiatric Research at Diakonhjemmet Hospital, Oslo, Norway



**Dr. Elvisha Dhamala**

(she/her)

PhD, Assistant Professor at the Feinstein Institutes for Medical Research and the Zucker Hillside Hospital; PI of the Brain-Based Predictive Modeling Laboratory



**Dr. Emily Jacobs**

(she/her)

PhD, Associate Professor of Psychological & Brain Sciences at UC Santa Barbara; Director of the Ann S. Bowers Women's Brain Health Initiative at the University of California



**Dr. Marianne Seney**

(she/her)

PhD, Associate Professor of Psychiatry the University of Pittsburgh



# Spotlighting The U's in Women's Mental Health: Underfunded, Undervalued, Understudied—Leaving Women Undiagnosed, Untreated and Unhealthy



**Dr. Liisa Galea**  
(she/her)

PhD, Treiving Family Chair in Women's Mental Health; Senior Scientist at CAMH; Scientific Lead for *womenmind*; Professor in the Department of Psychiatry at University of Toronto



**Dr. Jeffrey Meyer**  
(he/him)

PhD, Senior Scientist at CAMH, Professor in the Department of Psychiatry at University of Toronto, Canada Research Chair in the Neurochemistry of Major Depression (Tier I)



DAY ONE — APRIL 17, 2024

|                   |                                                                                                                                                                     |
|-------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Mariam Ali        | <b>Effects of Menstrual Cycle Phase on the Neural Correlates of Electronic Cigarette Versus Tobacco Use</b>                                                         |
| Deniz Bengi       | <b>Bipolar Disorder and Perimenopause: A Comprehensive Update</b>                                                                                                   |
| Gilciane Ceolin   | <b>Intimate Partnerships, Depression and Healthy Eating: A Longitudinal, Mediation Analysis of Aging Women and Gender Minorities in Canada</b>                      |
| Abigail Cherinet  | <b>Elevated Inflammatory Cytokine Levels in Females Compared to Males With and Without Treatment-Resistant Depression</b>                                           |
| Danijela Dozet    | <b>A Profile of Women Reporting Alcohol use During Pregnancy in Ontario</b>                                                                                         |
| Vanessa Goncalves | <b>Analysis of Mitochondrial DNA Variants in Bulimia Nervosa</b>                                                                                                    |
| Tina Kabir        | <b>Investigating Menstrual Cycle Phase Timing to Improve Smoking Cessation Treatment Outcomes</b>                                                                   |
| Bonnie Lee        | <b>The Parity Paradox: Differential Effects on Spatial Strategy Use and Hippocampal Neuroplasticity Depending on APOEε4 Genotype</b>                                |
| Xinyi Lin         | <b>Influence of Sex and APOE Genotype on Cognition: What is the Role of the Complement System?</b>                                                                  |
| Vanessa Luk       | <b>Healthcare Utilization Before and During the COVID-19 Pandemic Among Mothers and Birthing Parents with Elevated Levels of Postpartum Depression Symptoms</b>     |
| Arooba Mansoor    | <b>Effectiveness of Peer Administered Interventions for Perinatal Depression and Anxiety: A Systematic Review and Meta-analysis of Randomized Controlled Trials</b> |
| Ana Mendes-Silva  | <b>Exosome-associated Mitochondrial DNA in Women with Late-Life Depression: Implications for Cognitive Decline</b>                                                  |

# TRAINEE POSTER PRESENTATIONS

## DAY ONE — APRIL 17, 2024

|                      |                                                                                                                                                                             |
|----------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Amanda Namchuck      | <b>Examining Sex-specific Activation of Immature Neurons During Chronic Stress-induced Negative Cognitive Bias</b>                                                          |
| Anna Pees            | <b>PET Imaging of Sex Differences in the Endocannabinoid Pathway Using a Preclinical Model of Alzheimer's Disease</b>                                                       |
| Mateja Perovic       | <b>Menstrual Cycle Modulates Hippocampal Pattern Separation Behaviours</b>                                                                                                  |
| Naomi Phagau         | <b>Examining Associations of Prenatal Depression and Preconception Mental Health with Developmental Vulnerability at School Entry: A Population-based Cohort Study</b>      |
| Tanvi Puri           | <b>The Trajectory of Cognitive Aging is affected by Previous Parity, APOE Genotype, and Age of Menopause</b>                                                                |
| Jennifer E. Richard  | <b>Insights into the Greater Risk for Alzheimer's Disease in Females: Parity, Body Weight, and Estradiol</b>                                                                |
| Maryam Sorkhou       | <b>Sex-Specific Effects of Extended Cannabis Abstinence on Substance Use and Clinical Outcomes in Patients with Co-Occurring Major Depression and Cannabis Use Disorder</b> |
| Vanessa Tassone      | <b>Decreased Odds of Depressive Symptoms and Suicidal Ideation in Females with Higher Education: Stratification by Employment Status</b>                                    |
| Tishani Thiviyakumar | <b>Mood Fluctuations and Biological Rhythms Across the Menstrual Cycle Assessed Using the MAC-PMSS and Actimetry</b>                                                        |
| Erica Vieira         | <b>GABA Level and Inflammation in Women with Substance Use Disorder</b>                                                                                                     |
| Ally Villeneuve      | <b>Hormone Contraception Use, Stress Processes and Neuroendocrine Activity Among Young Adult Women</b>                                                                      |
| Xi Zhou              | <b>The Impact of Mild Traumatic Brain Injury on Oligodendrocyte Lineage Cells in White Matter and Anxiety-Like Behaviours in Juvenile Mice</b>                              |

DAY TWO — APRIL 18, 2024

|                         |                                                                                                                                                                           |
|-------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Madeline Wood Alexander | <b>Interactive Associations of APOE-ε4 Genotype and Oral Contraceptive Use with Late-life Cognitive Decline</b>                                                           |
| Nikki Bozinoff          | <b>Association Between Sex and Initial Benzodiazepine Prescribing Patterns, and Time to Benzodiazepine Discontinuation: A Population-based Retrospective Cohort Study</b> |
| Samantha Cote           | <b>AthenaDAO: A Decentralized Collective to Fund Women's Health Research</b>                                                                                              |
| Gil Angela Dela Cruz    | <b>The FORWomen Qualitative Study: Substance Use Treatment Experiences of Forensic and Non-forensic Women</b>                                                             |
| Katerina Dikaios        | <b>Development of a Novel Trauma-informed Psychotherapy for Treating Psychiatric Symptoms of Hormonal Sensitivity</b>                                                     |
| Keri Durocher           | <b>Understanding Women's Experiences of Using Patient Portals: A Rapid Review of the Literature</b>                                                                       |
| Romina Garcia           | <b>Unveiling the Effects of IL-1β on Antidepressant Efficacy Using a Preclinical Model of Postpartum Depression</b>                                                       |
| Serena Habib            | <b>Off-Label: Lived and Embodied Experiences of Premenstrual Dysphoric Disorder</b>                                                                                       |
| Zakia Hussain           | <b>Sexual and Reproductive Health within Treatment Guidelines for Schizophrenia Spectrum Disorders: A Systematic Review Protocol</b>                                      |
| Dana Jarkas             | <b>Sex Differences in the Inflammation-Depression Link: A Systematic Review and Meta-analysis</b>                                                                         |
| Hannah Kearney          | <b>Re-Imagining Sexual and Reproductive Healthcare for Women and Gender Diverse Individuals: The Development of an Innovative Clinician Training Protocol</b>             |
| Ann-Christin Kimmig     | <b>Linking Hormonal Shifts during Pill Use Changes with Female Functional Brain Architecture and Mood</b>                                                                 |

# TRAINEE POSTER PRESENTATIONS

## DAY TWO — APRIL 18, 2024

|                              |                                                                                                                                                               |
|------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Kian Yousefi<br>Kousha       | <b>The Effect of Infant Distress to Limitation on Postpartum Depression Treatment Response and Mother-Infant Bonding</b>                                      |
| Justin Matheson              | <b>“It’s Just, Like, a Younger Guy Thing to Smoke Weed”:<br/>Gendered Cannabis Norm Perceptions Among<br/>Treatment-Seeking Adults</b>                        |
| Emily May                    | <b>Exploring Sex Differences and Menopause in Brain<br/>Perfusion and Mild Cognitive Impairment in Patients<br/>with Vascular Risk</b>                        |
| Megan Mio                    | <b>Suicide Attempts as an Independent Predictor of Worse<br/>Heart Health in Female Youth with Mood Disorders</b>                                             |
| Chelsea<br>Montgomery        | <b>Women in Healthcare: Investigating Personal and<br/>Workplace Risk and Resilience Factors in Burnout<br/>and Depression</b>                                |
| Serrina Philip               | <b>The Exploration of Women’s Health with Intellectual and<br/>Developmental Disabilities (IDD): Systematic Review and<br/>Meta-Analysis</b>                  |
| Sunidhi Prabhaka             | <b>Early Diagnosis and Support for Neurodivergent Women:<br/>A Global Perspective</b>                                                                         |
| Jana Radosavljevic           | <b>Sex- and Diagnostic-based Analyses Reveal Immune<br/>Subgroups of Depression</b>                                                                           |
| Luis Francisco<br>Ramos-Lima | <b>Effects of Early-life trauma on Complex Posttraumatic<br/>Stress Disorder and Its Interaction with Hormonal<br/>Sensitivity in Adulthood (ECHOS Study)</b> |
| Frances Sherratt             | <b>Understanding the Impact of Trauma Type and Timing<br/>on Young Women’s Mental Health</b>                                                                  |
| Nicolette Stogios            | <b>Effects of Antipsychotics on Brain Insulin Action in<br/>Females: A Placebo-Controlled Crossover Neuroimaging<br/>Study</b>                                |

## Learn More

Our latest **womenmind Impact Report** provides valuable insights into our achievements, collaborations, and contributions to the field. Discover how *womenmind* is making a difference and how you can be part of our journey to improve mental health outcomes for women around the globe.

Scan the QR code to the right to access the **Impact Report** for 2023/23.



## Join



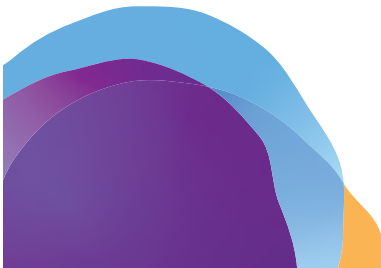
Join the **Women's Health Research Cluster**, an international network of multidisciplinary professionals, trainees and community members that strive to create a future where women and girls can live equitable lives across their lifespan.

Scan the QR code to the right to become a member for free now.



## Evaluation

Your feedback is valuable to us as we strive to improve our future events. Please click here to complete the **conference evaluation**.



# ACKNOWLEDGEMENTS

## Thank You

We would like to extend our heartfelt gratitude to the dedicated individuals whose vision, contributions and hard work has made this conference possible!

### Executive Committee

**Dr. Arstotle Voineskos**

Vice President, Research;  
Director, Campbell Family Mental  
Health Research Institute

**Dr. Sanjeev Sockalingam**

Chief Medical Officer;  
VP Education,  
CAMH Education Services

**Dr. Liisa Galea**

Treliving Family Chair in Women's  
Mental Health;  
Senior Scientist, Campbell Family  
Mental Health Research Institute

**Anne-Marie Newton**

Chief Philanthropy Officer,  
CAMH Foundation

### Event Committee

**Jena Roy**

Manager, Philanthropic Gifts,  
CAMH Research (*womenmind*)

**Tierra Hohn**

Program Officer, Philanthropic Gifts,  
CAMH Research (*womenmind*)

**Candice Valentine**

Senior Manager,  
Donor Engagement Programs,  
CAMH Foundation

**Caitlin Cox**

Manager, Strategic Events,  
CAMH Foundation

**Muthoni Kariuki**

Senior Officer Philanthropy,  
CAMH Foundation

**Katherine Moore**

Director, Women's Health  
Research Cluster

**Bonnie Lee**

Doctoral Student,  
Research Services

**Lauren Clegg**

Manager, Research and Centre  
of Innovation Communication,  
Public Affairs

**Annie Hart**

Communications Coordinator,  
Public Affairs

**Miguel Amante**

Communications Coordinator,  
Public Affairs

**Kayan Yassine**

Communications Coordinator,  
Public Affairs

**Finally, we would like to express our deepest gratitude to all the *womenmind* donor community, including our two founding donors for which this community was made possible: *Sandi Treliving* and family, and the *Hudson's Bay Foundation*.**