

## CAMH *womenmind* Conference 2026 Women's Health Across the Lifespan: From Research to Action Preliminary Schedule

### November 4, 2026

7:30 - 8:30 A.M.	BREAKFAST AND REGISTRATION		
8:30 - 8:45 A.M.	WELCOME REMARKS		
8:45 - 10:30 A.M.	SYMPOSIUM: CYCLES AND SYMPTOMS: THE MENSTRUAL-MOOD CONNECTION		
	DR IVANA JARIC	DR ERIKA COMASCO	
	DR TORY EISENLOHR-MOUL	DR LIISA HANTSOO	
10:30 - 10:45 A.M.	BREAK		
10:45 - 12:05 A.M.	SYMPOSIUM: HORMONAL CONTRACEPTIVES AND MOOD		
	DR NATALIE TRONSON	DR BELINDA PLETZER	
	DR ADRIENNE BELTZ		
12:05 - 1:05 P.M.	LUNCH AND TRAINEE-MENTOR ROUNDTABLE		
1:05 - 2:20 P.M.	PANEL: FROM POLICY TO PROGRESS: DRIVING CHANGE IN WOMEN'S MENTAL HEALTH		
	KATHRYN GODBURN SCHUBERT	JENNIFER GILLIVAN	
	DR KATE WOMERSLEY		
2:20 - 3:40 P.M.	SYMPOSIUM: SEX AND SEX-SPECIFIC CONSIDERATIONS IN PSYCHIATRIC AND ADDICTIVE DISORDERS		
	DR CRYSTAL SCHILLER	DR TERTIA PURVES-TYSON	
	DR KATE WOMERSLEY	DR AMY KUCEYESKI	
3:40 - 3:55 P.M.	BREAK		
3:55 - 5:40 P.M.	SYMPOSIUM: SEX AND GENDER INFLUENCES ON MENTAL HEALTH		
	DR ERICA GLASPER	DR ARMIN RAZNAHAN	
	DR JUNE LAM		
5:40 - 7:00 P.M.	EVENING RECEPTION AND TRAINEE POSTERS		
7:00 - 9:00 P.M.	SPEAKER DINNER		

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### November 5, 2026

7:30 - 8:30 A.M.	BREAKFAST AND REGISTRATION		
8:30 - 10:15 A.M.	SYMPOSIUM: A SPOTLIGHT ON PERINATAL AND POSTPARTUM MENTAL HEALTH		
	DR AKISTIS SKALKIDOU	DR RAND EID	
	DR TAMAR GUR	DR TRACY BALE	
10:15 - 10:30 A.M.	BREAK		
10:30 - 11:50 A.M.	SYMPOSIUM: MAKING SENSE OF MENOPAUSE		
	DR NEILL EPPERSON	DR SIOBHAN O'MAHONY	
	DR ZAHINOOR ISMAIL		
11:50 - 1:30 P.M.	LUNCH AND TRAINEE POSTERS		
1:30 - 3:15 P.M.	SYMPOSIUM: RISK AND RESILIENCE IN WOMEN'S BRAIN AGING		
	DR KARYN FRICK	DR JENNIFER RABIN	
	DR FARIDA SOHRABJI	DR LOTTE GERRITSEN	
3:15 - 3:30 P.M.	BREAK		
3:30 - 5:00 P.M.	PANEL: THE M & M'S: MOBILISING AND MOVING WOMEN'S HEALTH RESEARCH FORWARD		
	DR ANGELA KAIDA	SANDI TRELIVING	
	DR VIVIANNE POUPON		
5:00 - 5:10 P.M.	CLOSING REMARKS		