Referring to the Sexual Behaviours Clinic

**Physician Referrals**

The Sexual Behaviours Clinic (SBC) at the Centre for Addiction and Mental Health provides multidisciplinary assessment and treatment services for individuals with paraphilic (or atypical) sexual interests or behaviour.

**As of December 13, 2019**, our clinic is no longer accepting referrals for individuals dealing with general hypersexuality (also called sex/porn addiction) – please see the bottom of this page for external resources and book recommendations. **We will continue to offer** an assessment to individuals concerned about their sexual urges or behaviour involving paraphilias (or atypical sexual interests) or behaviours/interests that could lead to arrest. This can include, but is not limited to, sexual interest or involvement with:

- pre-pubescent and/or pubescent children;
- exposing to, touching, watching or rubbing up against unsuspecting people for sexual gratification;
- coercive or violent sexual interests;
- child sexual exploitation images (child pornography); or
- animals.

The initial SBC assessment consists of an interview and may also include phallometric assessment, if it is deemed clinically relevant by SBC staff and the client provides informed consent.

**Please note that we do not offer services to individuals with outstanding charges that are sexual in nature or if a sexual offence conviction is being appealed.**

After an assessment, treatment recommendations will be made which may include receiving treatment services at the SBC or CAMH more generally and/or suggestions for treatment external to the hospital. Consultation with the SBC psychiatrist for sex-drive reducing medication is also possible.

If you have any questions about whether or not our clinic offers services in the area(s) your client is concerned about, please call the SBC intake coordinator at 416-535-8501 Ext: 32510.
Referrals must include:

- CAMH Referral Form
  - With a detailed reason for referral

- Psychiatric or psychological reports (if available)
  - Helps in the understanding of the individual’s mental health and/or sexual concerns

Send completed referrals to:

**Access CAMH**  
Fax: **416-979-6815**  
Telephone: 416-535-8501, option 2

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**External Resources**

Should your client be seeking treatment for issues pertaining to general hypersexuality (also called sex/porn addiction), the following list of community treatment providers and books (available from Amazon) is offered for consideration:

**Treatment Providers (general hypersexuality and/or infidelity)**

- [http://www.bestco.info/](http://www.bestco.info/)  
- [https://www.psychologytoday.com/ca](https://www.psychologytoday.com/ca)

**Books (general hypersexuality and/or infidelity)**

Mating in Captivity by Esther Perel  
State of Affairs by Esther Perel  
Ethical Porn for Dicks by David Ley  
Cybersex Unplugged by Weston Edwards, David Delmonico & Elizabeth Griffin