

**This is provided for informational purposes only.**

## **ONLINE TOOLS/RESOURCES**

**Troubled Desire** is an anonymous resource that offers online-self-management for people who feel attracted to children and early adolescents. The resources are available in multiple languages. Please note: this resource is not intended as a replacement for psychotherapy with a licenced provider. See their website for more information: [www.troubled-desire.com](http://www.troubled-desire.com)

**Help Wanted** is an online course to provide help to individuals who are attracted to younger children. The videos are in English and written transcripts are provided in English, Hindi, Chinese, Arabic, and Spanish. Please note: this resource is not intended as a replacement for psychotherapy with a licenced provider. See their website for more information: <https://www.helpwantedprevention.org/>

**Preventell** is based in Sweden and provides a helpline for people concerned about their sexual interests. Their website is available in English or Swedish. Please note: this resource is not intended as a replacement for psychotherapy with a licenced provider. See their website for more information: <http://preventell.se/?lang=en>

**Stop It Now! US** is an online self-help resource that provides information to protect children. Information is provided for individuals concerned about their sexual interests, parents, and bystanders. Please see their website under “help and guidance” for specific guidance. Please note: this resource is not intended as a replacement for psychotherapy with a licenced provider. See their website for more information: <https://www.stopitnow.org/>

**Stop It Now! UK** is an online resource that provides information and support for users of illegal online images as well as those people around them, helping to cope with difficult emotions and to change problematic behaviours. The website provides information as well as self-management modules. Please note: this resource is not intended as a replacement for psychotherapy with a licenced provider. See their website for more information: <https://get-help.stopitnow.org.uk/self-help/self-help-intro>

**The Global Prevention Project** offers weekly psycho-educational call-in support for minor attracted individuals. This is available globally. Please note: this resource is not intended as a replacement for psychotherapy with a licenced provider. See their website for more information: <http://theglobalpreventionproject.org/>

**B4U-ACT** provides peer support through a password-protected online forum where individuals with a sexual attraction to children can talk with each other about issues related to their emotional well-being. These issues may include coping with stigma, fear, frustration, or secrecy, finding fulfilling relationships, working with mental health professionals, living within the law, or any other issues that may or may not be related to sexuality. Please note: this resource is not

intended as a replacement for psychotherapy with a licenced provider. See their website for more information: <https://www.b4uact.org/attracted-to-minors/peer-support/>

**Virtuous Pedophiles** offers a private and confidential peer support network for individuals with a sexual attraction to children and "is intended to reduce the stigma attached to pedophilia, and to provide peer support and information about available resources to help virtuous pedophiles remain law-abiding, and lead happy, productive lives" (retrieved from virped.org website). Note: This online chat is anti-contact. See their website for more information: <https://www.virped.org>