

Patient information for move day

On November 26, CAMH is delighted to welcome patients, families and our community to the new **McCain Complex Care & Recovery Building** and **Crisis & Critical Care Building**. This is the third phase of CAMH's historic redevelopment.



The McCain Complex Care & Recovery Building at 1025 Queen Street West

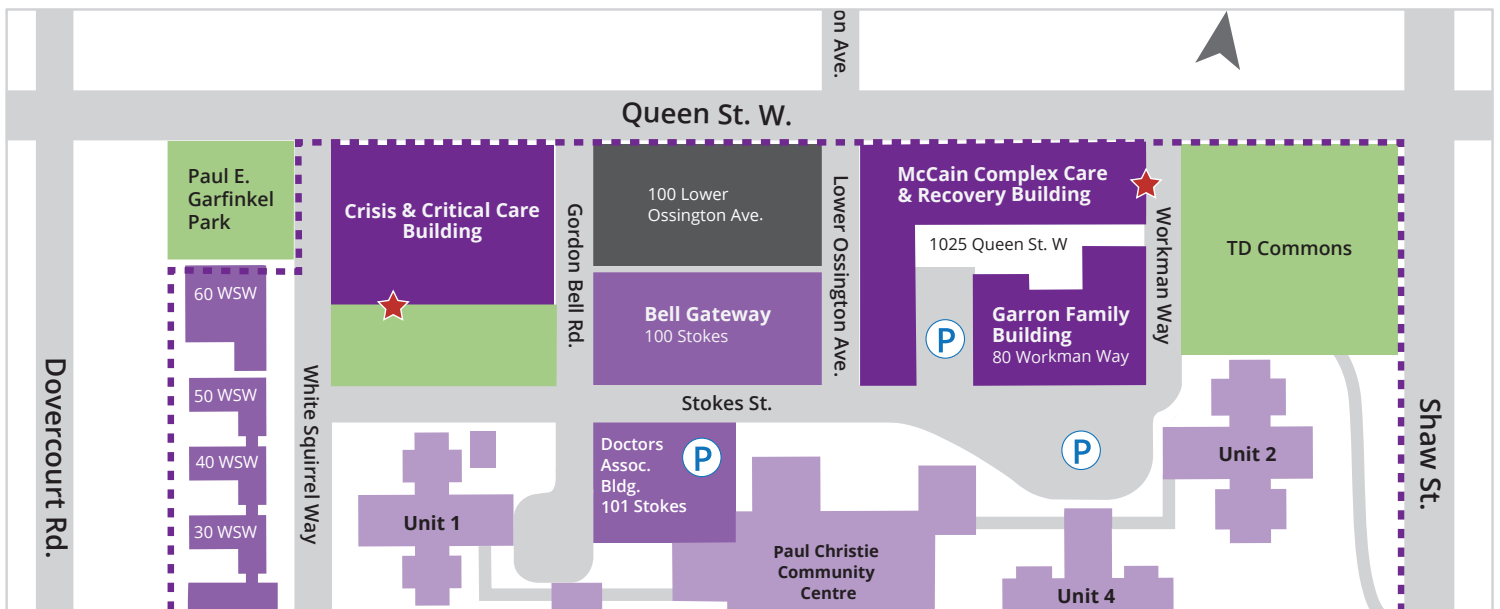
This new signature building will house a number of facilities for both in- and outpatient services, including 110 beds for inpatients.

Here you'll find the **Temerty Centre for Therapeutic Brain Intervention**; the **Tour de Bleu Therapeutic Neighbourhood** supporting skills development and other programming to enhance recovery; and the **Library** and **RBC Patient & Family Learning Space**.

Crisis & Critical Care Building at 1051 Queen Street West

The new Crisis & Critical Care Building will house a number of programs and relocate all emergency and inpatient services currently located at CAMH's College Street site to the main site, making integrated care that much easier.

Here you'll find the **Gerald Sheff & Shanitha Kachan Emergency Department**; the **Bridging Clinic**; the **Psychosis Coordinated Care Service** (former Partial Hospital Program); inpatient complex mental illness units, all with views of **therapeutic green space**, and, the **Transitional Age Youth Day Program**.



Why are we moving?

We have been preparing for more than a year to formally open our new spaces that will transform mental health care. This is a bold vision to build respectful and dignified spaces that promote healing and recovery, provide the best in crisis and complex care and integrate CAMH with the West Queen West community.

What do I do with all my belongings?

You are welcome to bring your belongings with you. A staff member will provide you with moving materials and will be available to help you pack. It's a great idea to go through your belongings and prioritize those that you would like to take with you, items that you could send home with a family member or items you would like to throw out. Once items are packed and labelled, movers will carefully take your belongings to the new location.

How will my family know how to contact me and where to find me?

Staff will contact your family and friends before the move. They will share details on how to support you, where you will be moving and when they can visit.

Do I have to wear a mask when we move?

Yes. Due to COVID-19, wearing a mask is one of the best ways to keep you and others safe.

How will I get to the new location?

Leading up to and on the day of the move, staff will be with you to answer questions, provide information and help you get to your new space. Inpatients moving from the College Street site to Queen Street site will travel by vehicle. If you are an outpatient, you will be provided with instructions and a map for your next appointment.

Will I be moving with the same unit and care team?

On the day of the move, we will do our best to ensure a team member you know is available. Leading up to moving day, you might see lots of new faces on your unit. This is normal as there are many people involved to make this a smooth move.

I feel nervous about the move. How can I prepare for this change?

Change and moving to a new space can be both stressful and exciting! It can be normal to feel like you don't want to move from a space that you are used to. We encourage you to talk about your feelings, ask for what you need, talk about the move with your peers, take time to get to know the new buildings, and partner with your team on coping strategies. We will work with you to make the move as stress-free and comfortable as possible.