

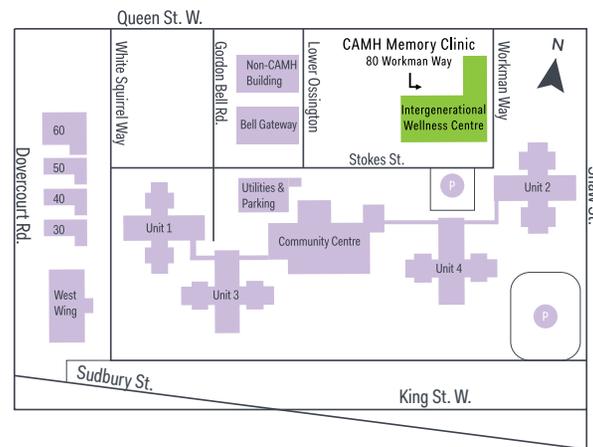
The CAMH Memory Clinic is a specialized service for people with memory disorders and related mood, personality and functional changes. The clinic provides a comprehensive assessment and intervention by a multidisciplinary team for people concerned about changes in their memory.

## SYMPTOMS

### of memory loss

1. Changes in performing daily activities and/or changes in job performance.
2. Needing more reminders.
3. Forgetting recent conversations.
4. Asking the same question over and over again.
5. Forgetting appointments, special occasions, and/or forgetting to take medications.
6. Difficulty finding the right word or losing one's train of thought in mid-sentence.
7. Regularly misplacing items, such as keys or wallet.
8. Difficulty looking after finances (writing cheques, banking or managing money).
9. Getting lost in familiar areas.
10. Changes in personality or mood.

## CONTACT information



For more information, please contact:

### CAMH Memory Clinic

Geriatric Mental Health Program  
Central Intake & Referral Service  
Intergenerational Wellness Centre  
80 Workman Way  
Toronto, ON M6J 1H4

**Tel:** 416-535-8501 ext 33448

**Fax:** 416-583-1296

**Website:** [www.camh.net](http://www.camh.net)

Search: Memory Clinic

# Memory Clinic





## OUR SERVICES

We provide the following services for clients with memory disorders and related mood, personality and functional changes and their families/caregivers:

1. Appropriate diagnostic work-up.
2. Recommendation for individualized care plan.
3. Education and support.
4. Opportunity for participation in research.

**The Memory Clinic will assess clients with changes in memory, mood, personality and function due to possible neurodegenerative illness and who are over the age of 50.**

**The following are NOT the focus of our Memory Clinic:**

- Patients with stable developmental disorders.
- Patients with acquired brain injuries.

## OUR TEAM

### includes

**A geriatric neuropsychiatrist:**

a psychiatrist specialized in assessment and treatment of mood/personality changes caused by memory disorders in older adults.

**A behavioural neurologist:** a neurologist specialized in assessment and treatment of memory disorders.

**A social worker:** a health care professional trained to deal with the impact of memory loss on people, their relationships and ways to provide and access support.

**An occupational therapist:** a health care professional trained to assist in the assessment of memory and its impact on functional independence and safety.

**A neuropsychologist:** a health care professional trained to use standardized neuropsychological tests to identify areas of memory and other cognitive impairment and suggest compensatory strategies.



Memory Clinic Team



## REFERRAL PROCESS

Clients can be referred using the appropriate referral form. The referral needs to be authorized and signed by a licensed physician. Additional forms are available by contacting the memory clinic.

**The following details are essential for successful assessment:**

1. Languages spoken.
  - Most frequently used language at home.
2. Reason for referral.
  - What *specific question* do you want answered?
3. Medical and Psychiatric Conditions List.
4. Medication List.
5. Results of Investigations (blood work, neuroimaging, cognitive testing).
6. We require that a family member and/or caregiver who knows the client well accompany the client for clinic visits.