

camh

Centre for Addiction and Mental Health

**CLINICAL PRACTICUM TRAINING
PROGRAM IN PSYCHOLOGY**

<https://www.camh.ca/en/science-and-research/clinical-divisions/psychology-division>

2019-2020

**Director-of-Training: Dr. Longena Ng, Ph.D., C.Psych.
Psychology Division Chief: Dr. Sean Kidd, Ph.D., C.Psych.**

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OVERVIEW OF CAMH

Working for Better Understanding, Prevention and Care

CAMH is the largest mental health and addiction facility in Canada and is recognized for its excellence. It was founded in early 1998 through the merger of the Addiction Research Foundation, Clark Institute of Psychiatry and, Donwood Institute, and Queen Street Mental Health Center and is affiliated with the University of Toronto. Since the merger, CAMH has focused on a seamless integration of addiction and mental health services in a functional and flexible environment. Internationally, CAMH has been designated by the World Health Organization as one of only four Centres of Excellence in mental health and addiction in the world. Through accessible treatment, community services, research, education and prevention, CAMH works to improve the quality of life for people who are struggling with mental illness or addiction and to support their family and friends.

“For me it was the courage, and I guess the courage comes from saying ‘hey, let’s make a change.’ And the courage to continue to do that. It’s so great now ... it is so good for me now. I love my life.”

Susan E. Gapka, Courage to Come Back Award Recipient

Care

“One of the things about working with people who suffer from mental illness or people who struggle with addictions is that, to the public, this may seem like a discouraging environment – a place that’s not filled with hope. But for those of us who work clinically, just the opposite is true. I find a great deal of professional fulfillment in this environment because many, many people get better.”

Dr. David Goldbloom, former Physician-in-Chief

CAMH is committed to providing comprehensive, well-coordinated, accessible care for people with addictions or severe mental illness. We have created a continuum of clinical programs, support and rehabilitation to meet the diverse needs of people who are at risk and at different stages of their lives and illnesses. Our services include assessment, brief early interventions, inpatient programs, continuing care, and family support. We also address the larger issues relating to the four major factors affecting health: housing, employment, social support and income support. Our client-centered philosophy of care recognizes that the client has individual social, physical, emotional, spiritual and psychological needs.

Mental Health

CAMH provides a wide range of inpatient, outpatient, and community-based treatment programs including: Child, Youth, and Emerging Adult; Borderline Personality; Forensics; Mood and Anxiety; Gender Identity; Work, Stress & Health, and others.

Addiction

CAMH's addiction treatment is based on a harm reduction philosophy, an approach that focuses on decreasing adverse health, social, and economic consequences of alcohol or drug use. Clients' goals range from reduced use to total abstinence. Concurrent Disorders programs offer an integrated treatment approach for people facing concurrent addiction and mental health problems.

Prevention

"Prevention involves a host of things. It's not just about preventing substance abuse or mental health problems. It's about supporting health and well-being and having environments that really are healthy environments."

Akwatu Khenti, former Director of Education and Training Services

CAMH is committed to working with communities throughout Ontario to create environments that support health and prevent illness. CAMH consultants work with individuals, local service providers and community groups to apply initiatives in the community and design evidence-based systems and approaches. Consultation, support, and training focus on preventing problems, promoting health and planning and delivering treatment. By providing information to the general public, we empower people with the knowledge to reduce the likelihood, recurrence and/or intensity of addiction or mental health problems for themselves or others.

Understanding

"Only through education can we hope to improve the understanding of mental health and addiction problems and thus foster support for people who struggle with these challenges."

Dr. Paul Garfinkel, former President and CEO

One of CAMH's goals is to be a leader in creating, applying and disseminating knowledge. Each year, the Centre receives many research grants, fellowships and awards, resulting in the publication of hundreds of scientific articles and studies. Our research guides our public policy priorities and is transformed into practical resource materials and training programs, which inform the practice of professionals and help educate the general public. Advancing our understanding of mental illness and addiction is key to future improvements in prevention and clinical care. Working with communities, we aim to foster understanding and reduce the stigma associated with these illnesses.

OVERVIEW OF THE APPLICATION PROCEDURE

Clinical placements are available across a large number of specialty clinics, to be described below. All placements are for a minimum duration of **500 hours**, and are offered either on a part-time or full-time basis. Traditionally, placements are either 2-3 days per week from September to May, or 4-5 days a week from May to August. Other combinations are possible and at the student and supervisor's discretion.

The deadline for applications is **FRIDAY FEBRUARY 1st, 2019** for Spring-Summer 2019 and Fall-Winter 2019-2020 placements. Applications submitted after this deadline will be reviewed after the Common Notification Day (March 20, 2019) pending the availability of practicum spots (no exception and no phone calls or emails about exceptions please).

Applications are to include:

- 1) The completed application form (on the last 2 pages of this brochure)
- 2) A one-page statement of training goals and objectives
- 3) An up-to-date curriculum vitae
- 4) Undergraduate and graduate transcripts (can be unofficial)
- 5) Two letters of reference (at least one from a professor; other can be work or volunteer supervisor) sent as a word or PDF attachment. Please advise referees **NOT** to send reference letter in the body of an email.

If you are from a CPA and/or APA accredited university program (or if your program is in the process of accreditation), please assemble all materials (except reference letters) prior to submission, and **email** them to Dr. Longena Ng at Psychology.PracticumApplications@camh.ca. Please ask referees to **email reference letters** with the name of the applicant in the subject line.

Students from non-accredited programs are asked to apply to potential supervisors directly (please review below which rotations are accepting non-accredited students).

Once your completed application is received, your submission will be reviewed. If deemed appropriate, your application will be sent to potential supervisors who may contact you for an interview. Most interviews take place within 4 weeks of the application deadline.

CAMH participates in **Common Notification Day** (March 20, 2019) with other GTA sites. You will be notified that day if we are offering you a placement. **If your university does not have an affiliation agreement with CAMH, this will need to be obtained before your acceptance.**

OVERVIEW OF CLINICAL ROTATIONS

— CHILD and YOUTH TRACK —

The CHILD, YOUTH, and EMERGING ADULT Program (CYEAP) is newly organized, incorporating the former Child Psychiatry Program and the Youth Addictions Service, both long-standing services at the Centre for Addiction and Mental Health.

Assessment and psychological testing includes objective tests, observational techniques, psychoeducational assessment, and structured diagnostic interviews. Such training includes development of integrated psychological report writing and the process of providing clinically sensitive feedback to parents and children. Therapeutic approaches rely on empirically-validated and best-practice models of intervention. These include individual psychotherapy, group therapy, family therapy, and parent counseling in various modalities (e.g., cognitive-behavioral, behavioral, solution-focused and strength-focused, and core conflictual relationship theme therapy). Services within the CYEAP often work within a multidisciplinary team of psychologists, psychiatrists, social workers, nurses, and child and youth workers. Thus, practicum students are able to enhance their understanding of the roles of multiple disciplines and develop skills in working together constructively.

Practicum students will receive intensive training in clinical assessment and diagnosis, psychological testing, consultation, and therapeutic intervention; however, these vary by rotation. Such training includes experience in clinical interviewing of children, youth, and their families, and diagnostic formulation, which includes a strong focus on the use of the DSM-5. The program also serves a diverse and multicultural population, giving the practicum student an awareness of their own personal and professional strengths, limitations, and areas of growth as a clinician, while developing the knowledge, sensitivity, and skills needed to work with diverse populations.

Training staff have a variety of theoretical interests, including attachment theory, the interface between developmental psychology and psychopathology, and evolutionary psychology.

Youth Justice Assessment Clinic

Supervisor: Julia Vinik, Ph.D., C.Psych.
Teresa Grimbos, Ph.D., C.Psych.
Tracey A. Skilling, Ph.D, C.Psych.

*** accepts applicants from non-accredited programs**

The Youth Justice Assessment Clinic provides comprehensive assessment-only services to youth aged 12 and older. These youth are actively involved in the juvenile justice system or have other legal issues and are referred to the clinic because of their complex needs. Psychodiagnostic, psychoeducational, and risk/need assessments related to antisocial behaviour are completed with the youth and recommendations offered to the courts, families, and other involved agencies on how best to meet the needs identified. Comprehensive treatment plans are developed as part of the assessment process and treatment referrals to community agencies are recommended. Practicum students will have the rare

opportunity to conduct comprehensive psychodiagnostic and psychoeducational assessments for third parties within a youth justice context. Students will complete these assessments utilizing structured and semi-structured interviews, well validated cognitive and academic assessment measures, as well as self-report psychometrics. Students will also provide feedback to clients, families and referral agents. Assessments are often completed as a multidisciplinary team and students will have opportunities to work closely with professionals from other disciplines, including psychiatry and social work.

Students will also have the opportunity to observe court proceedings as well as visit a youth detention facility. Students may also have the opportunity to be involved in clinical research projects underway in the Clinic.

Experience with forensic assessments is not required.

Better Behaviours Service

Supervisor: Brendan Andrade, Ph.D., C.Psych.

The Better Behaviours Service (BBS) provides therapeutic services for children, youth and their families who have challenges with disruptive behaviour, aggression, emotional difficulties, social skills difficulties, inattention and non-compliance at home and/or at school. Through semi-structured assessment, factors contributing to behavioural difficulties are identified. Individual, family and group-based treatments are offered to help children build skills, reduce emotional and behavioural difficulties and help caregivers develop more effective parenting strategies to reduce family conflict. This is a clinical-research practicum. Students will be involved in assessment, detailed clinical formulation, intervention and consultation in the context of one or more clinical-research projects operating within the BBS. Students complete brief assessments and participate in delivery of structured group, individual and parent-child treatment. Training and supervision of implementation of Cognitive-Behavioural treatment and other evidence-informed approaches will be provided. Students will also have the opportunity to use existing clinical-research data to complete an applied research study, with the goal of manuscript submission.

Note: This is an intervention practicum. Only students who have completed an assessment practicum will be considered for this rotation.

Psychological Assessment Team for Children and Youth Service

(Only available for Fall-Winter Practicum)

Supervisors: Liora Keshet, M.A., C.Psych.Assoc.

Pushpinder Saini, M.A., C.Psych.Assoc.

Psychometry service offers students opportunities for conducting comprehensive psychological assessments for children and youth (age 4-17) who are referred internally within the Child, Youth and Family Program. Assessments are typically requested for psycho-educational, socio-emotional, and psycho-diagnostic considerations.

Practicum students will gain experience with regard to clinical and diagnostic interviewing, administering and interpreting standardized psychological assessment measures and tests, integrating clinical information with psychological test data, and provision of written and verbal feedback to clients, families, and referring agents.

Assessment tools include cognitive measurement, academic testing, assessment of learning, memory, and language, as well as socio-emotional, personality, and projective measures. Practicum students are trained via individual supervision and group supervision.

Mood and Anxiety Service

(Only available for Fall-Winter Practicum)

Supervisor: Madison Aitken, Ph.D., C.Psych.

*** accepts applicants from non-accredited programs**

The Mood and Anxiety Service provides outpatient assessment and treatment to children, youth, and their parents, focused on primary presenting concerns involving anxiety and/or depression. Common clinical presentations include low mood, social anxiety, and generalized anxiety, as well as co-occurring concerns such as parent-child/adolescent relational difficulties, learning disabilities, ADHD, and externalizing behaviour. Students will be part of an inter-professional team, consisting of a psychologist, psychiatrists, social workers and a nurse, who work collaboratively on assessment and treatment. Treatment is primarily cognitive behavioural (CBT), with other approaches integrated as appropriate based on case formulation and application of evidence-based practices. Practicum students will participate in delivering group and individual intervention for children, adolescents, and parents. Although this is primarily an intervention practicum, there are also opportunities to be involved in structured assessments. In addition, students have the opportunity to be involved in clinical research projects currently happening in the clinic.

— ADULT TRACK —

ACUTE CARE PROGRAM

Addictions and Concurrent Disorders

Supervisors: Christian Hendershot, Ph.D., C.Psych.
Margaret Reid, Psy.D., C.Psych.
Julianne Vandervoort, Psy.D., C.Psych.

The Addictions and Concurrent Disorders rotation offers assessment and intervention experience with clients presenting with substance use disorders, often in the context of co-occurring mental health concerns. This rotation is based primarily in the Concurrent Outpatient Medical & Psychosocial Addiction Support Service (COMPASS) within the CAMH Acute Care program. Students will gain experience working in a specialty psychiatric hospital alongside a multi-disciplinary team (psychologists, physicians, nurses, social workers) under the supervision of a licensed psychologist.

Potential experiences include assessment and intervention opportunities in a multi-disciplinary addiction medicine clinic (which primarily serves clients with alcohol, cannabis, or opioid dependence) and co-facilitating group treatments for specific populations (e.g., cannabis use disorder; concurrent alcohol use disorder and mood disorder; acquired brain injury). Efforts are made to tailor clinic placements to students' skills and areas of interests.

This rotation includes both assessment and intervention experiences. Intervention approaches emphasize a biopsychosocial approach (i.e., behavioral and pharmacological interventions). Psychosocial interventions are guided by cognitive-behavioral (e.g., relapse prevention) and motivational enhancement principles and incorporate a harm reduction philosophy. Group treatment is the primary modality for psychosocial interventions. Students will receive weekly individual supervision, in addition to team meetings specific to individual clinics. Students will also have opportunities to attend a wide range of training and didactic seminars at CAMH.

Because this placement emphasizes a scientist-practitioner model, the ideal candidates for this rotation are those with strong motivation for pursuing both clinical and research experiences in the area of addiction and concurrent disorders. Students will typically have the opportunity for involvement in a research project as a complement to clinical training.

This rotation is only available as a part-time placement for the academic year (summer-only placements are not currently available).

Gender Identity Clinic

Supervisors: Rylie Moore, Ph.D., C.Psych.

The Gender Identity Clinic (GIC) is an outpatient clinic that assesses and treats adults who are referred because of gender dysphoria and/or the comorbid mental health concerns. The GIC sees a broad array of individuals including those who are considering or pursuing a social and/or medical transition. We

also provide individual and group treatment for people of trans experience. Trainees may be interested in the wide diversity of clients, from various cultural and socioeconomic backgrounds, with presentations across a spectrum of diagnostic categories and levels of functioning, including complex cases. Our clients have unique health care needs, and our clinic is dedicated to providing training in high quality care for individuals across the gender spectrum. While our clients are population-specific, this practicum provides trainees with excellent opportunities to sharpen general diagnostic, assessment and intervention skills.

The GIC offers trainees comprehensive training in holistic psychodiagnostic interviewing that appreciates the social determinants of health, including the impact of marginalization. The results of these assessments provide relevant diagnoses and for those seeking medical interventions, evaluate a person's eligibility and readiness using the principles articulated in the current World Professional Association for Transgender Health (WPATH) Standards of Care (SOC 7). Trainees will conduct initial clinical assessments, as well as follow-up and surgery readiness appointments. As part of the assessment process, trainees will work in an active circle of care that includes contact with other providers such as family doctors, psychiatrists and therapists. Trainees will also have the opportunity to provide time-limited psychotherapy and other relevant support where indicated. Trainees will become familiar with the literature, receive weekly individual supervision, and will actively participate in weekly multidisciplinary case conference meetings that include all clinic staff. Participation in research activities is available when there are active projects, and as time permits.

Psychology trainees at the Doctoral level are welcome to apply; familiarity with LGBTQ communities is preferred but not required.

Integrated Day Treatment (IDT)

Supervisor: Judith Levy-Ajzenkopf, Ph.D., C.Psych.

The Integrated Day Treatment (IDT) is an intensive day-based service focused on improving access to care for clients (18 years and older) who would benefit from intensive programming for mood and anxiety, trauma and addictions. The program offers multiple group-based therapy streams for complex clients with a primary diagnosis of a mood and anxiety disorders. Clients may also experience secondary comorbid conditions including personality disorders, substance use disorders and trauma related conditions.

Clients enter the program by one of three treatment streams. What stream clients begin in is determined based on the client's unique needs and the severity of symptom presentation. The Initial Intensive Stream is a 4 week, 5 half-days per week, open group focused on psychoeducation, activation, and skills building. The Recovery Connections Program is a 10 week, 2 half-days per week, open group which builds on skills learned in the Initial Intensive Stream and expands on DBT and CBT skills for management of mood and anxiety disorders. The Mapping Wellness stream is an 8 week, 5 half-days per week, closed stream, focused on psychoeducation, skills building, interpersonal effectiveness and DBT/CBT skills. The program utilizes a group therapy approach as well as individual clinical care including case management, psychiatric care and community linkage.

Students will have the opportunity to work closely within an intra-professional team (psychology, psychiatry, social work, nursing, occupational therapy, recreationist, peer support worker) offering brief group therapy focused on CBT and DBT based skills. Students will also have the opportunity to provide limited (up to six sessions) individual therapy to clients focused on CBT skills for mood and anxiety disorder. Another focus of the placement will be completing psychodiagnostic assessments for Axis I and II disorders (using the SCID-I and SCID-II) to provide diagnostic clarification and determine treatment suitability. In addition to regular individual supervision, students will have the opportunity to fully participate in team meetings, client rounds, and educational rounds.

Mood and Anxiety Ambulatory Services

Supervisor: Judith Laposka, Ph.D., C.Psych.

The Mood and Anxiety Ambulatory Services is a clinical and research unit staffed by individuals from a wide range of disciplines including psychology, psychiatry, social work, nursing, and occupational therapy. Our service is a high demand out-patient treatment service that offers specialized training in empirically supported treatments, namely in short-term cognitive behavioural therapy for mood, obsessive compulsive related, and anxiety disorders (clients receive treatment lasting for 12-15 weeks) as well as relapse-oriented treatment (mindfulness-based cognitive therapy (MBCT). This rotation offers experiences with mood, obsessive compulsive related, and anxiety disorders.

A main focus of the practicum rotation involves collaborating with clinical practicum students in order to further develop their ability to provide a comprehensive multi-axial diagnosis, while considering optimal treatment suitability (e.g., considering the client's level of functioning, treatment modality, treatment format, acute phase treatment vs. relapse prevention treatment). Practicum students will gain proficiency in the administration of the Structured Clinical Interview for the DSM-5 (SCID-5) and they will also learn to administer the treatment suitability interview for determination of suitability for short-term cognitive-behavioural treatment. In addition, there is a strong emphasis on the importance of case formulation skills, in order to optimally apply CBT principles to complex diagnostic presentations.

Practicum students have the opportunity to co-lead CBT treatment groups for depression, panic disorder, generalized anxiety, social phobia, and obsessive-compulsive disorder during the rotation, as well as transdiagnostic groups. Supervision includes direct individual supervision, and weekly clinical rounds that include all clinic staff. Practicum students may have additional opportunities to work with other disorders that interface with mood, obsessive compulsive related, and anxiety disorders, as opportunities arise.

Practicum students will develop clinical decision-making skills, learn how to effectively communicate/collaborate with other health professionals, and train in empirically supported treatments. Practicum students are valued members of the treatment team, and they become familiar with the relevant clinical and research literature. Related training goals involve understanding the role of cognitive vulnerability factors, while considering the interaction between pharmacotherapy and psychological treatment of the disorder.

In addition to offering clinical services, the Mood and Anxiety Ambulatory Services is an active research centre. Depending on the practicum student's interests and experience, opportunities to participate in clinical research projects may be available as time permits.

Work, Stress and Health

(available for fall-winter placements only)

Supervisors: Longena Ng, Ph.D., C.Psych.
Alison Bury, Ph.D., C.Psych.
Donna Ferguson, Psy.D., C.Psych.
Samantha Fuss, Ph.D., C.Psych.
Niki Fitzgerald, Ph.D., C.Psych.
Julie Irving, Ph.D., C.Psych.

This rotation is conducted in the Work, Stress and Health Program (WSH) of the Mood and Anxiety Program. The WSH is a large multidisciplinary outpatient clinic that provides comprehensive independent assessment and treatment for individuals who develop primary anxiety or mood disorders in response to workplace related traumatic events.

The program provides students with the rare training opportunity to conduct comprehensive psychodiagnostic assessments for third parties within a civil-legal context. These assessments involve the thorough evaluation of Axis I psychopathology, Axis II personality pathology, and response style (i.e. malingering or defensive responding) utilizing structures and semi-structures interviews (e.g. SCID-I, CAPS, M-FAST, SIRS), as well as self-report psychometrics (e.g., MMPI-2-RF). The WSH assessment service sees a wide range of diagnostic presentations, but the majority of those assessed suffer from anxiety (e.g. PTSD, Panic Disorder), mood, and somatoform disorders. The WSH treatment service specializes in the treatment of primary anxiety and mood disorders (PTSD, depression and a range of other anxiety disorders) utilizing CBT. Once students are proficient in the assessment protocol, there is the opportunity to participate in group treatment or provide individual treatment. Students will receive both individual and group supervision.

Both the assessment and treatment services function within a multidisciplinary team approach and students work closely with the professionals from other mental health disciplines (e.g. psychiatry, occupational therapy) in the provision of services. WSH clients are of diverse ethno racial and cultural backgrounds.

Psychology students at the Doctoral level are welcome to apply.

ADULT NEURODEVELOPMENTAL SERVICES (ANS)

Supervisor: Andjelka Palikucin-Reljin, M.A., C.Psych.Assoc.

The ANS at CAMH works with adults who have a confirmed diagnosis of intellectual disability and/or an Autism Spectrum Disorder with mental health concerns.

The Psychologist's role within Adult Neurodevelopmental Services includes both assessment and therapy delivery. Specifically, the psychologist is involved in conducting outpatient assessments of intellectual disability and autism in adults with comorbid mental health issues, in addition to consulting to other inpatient and outpatient services at CAMH. As a tertiary service we do provide time limited treatment on an outpatient basis for clients who are willing and able to come to the premises. In addition our program offers Cognitive Behavioural Therapy (CBT) group-based treatment for adults with autism without ID, with symptoms of anxiety and depression, and group based interventions for parents of adolescents and adults with disabilities. (This is a 13 week program based on CBT model.) Practicum students will have the opportunity to co-lead the group with the psychologist (therapist). A successful candidate will need to have exposure to CBT work through their course work and if possible through practical exposure of conducting a CBT group.

Supervision includes weekly individual supervision, in addition to direct biweekly meetings and, if able to attend, weekly clinical rounds that all clinicians of the ANS team attend.

Our service is comprised of different disciplines including social work, occupational therapy, behaviour therapy, nursing, psychiatry and developmental services. Practicum students will be exposed to working as part of the interprofessional team.

CLINICAL RESEARCH

(Only available as part-time, eight month practicum)

Supervisor: Lena C. Quilty, Ph.D., C.Psych.

This rotation is conducted in the Clinical Research Laboratory (CRL) at the Russell Street site. The CRL is a dynamic, integrated clinical, research and training setting, conducting a variety of basic clinical research and treatment outcome studies each year. The CRL provides specialized training in the provision of psychological services as part of applied research protocols, including psychodiagnostic and cognitive assessment, as well as manualized individual psychotherapy. The CRL active conducts several treatment trials every year, frequently involving pharmacotherapy and psychotherapy, such as manualized cognitive behavioural therapy, motivational enhancement, and behavioural activation, for depression and/or substance use disorders. Computer-based cognitive interventions are also frequently a focus of investigation. The CRL also provides consultation and training to other mental health professionals. Practicum students may be involved in assessment and/or therapy, as determined by student training, experience and interests, as well as current research initiatives and opportunities.

Assessment practicum students receive in-depth training, supervision and experience in psychodiagnostic assessment, including the *Structured Clinical Interview for DSM-5* (SCID-5). Students also receive training in structured interview, self-report, and performance-based measures of psychopathology, bias and cognition. Supervision is provided on an individual basis. Training and supervision experience may be available for advanced students. Therapy practicum students receive in-depth training, supervision and experience in the provision of cognitive behavioural therapy or behavioural activation. Supervision is provided on an individual basis. Practicum students will develop specific skills in empirically validated instruments and techniques, as well as general skills in clinical interviewing and decision making and effective communication with other health professionals. Opportunities to participate in research projects are available, based on trainee interest and availability.

COMPLEX CARE AND RECOVERY PROGRAM

Our clients have a primary diagnosis on the psychosis spectrum and typically also have multiple comorbidities such as social anxiety, OCD, depression and substance use. Our rotations offer challenging and rewarding training opportunities in assessment and intervention in outpatient, inpatient and day hospital settings.

The Complex Care and Recovery Program offers Fall/Winter practicum placements (2-3 days a week) in either the Assessment Service or the Cognitive Behavioural Therapy Service. Summer Practicum placements are also available, and these would involve a full-time commitment (5 days a week) with rotations in both the Assessment and CBT Services.

Assessment Service of the Complex Care and Recovery Program

Supervisors: Sylvain Roy, Ph.D., C.Psych.

Practicum students will have the opportunity to participate in the Complex Care and Recovery Program's psychological assessment service. In this service they will gain experience in clinical interviewing, administering and interpreting psychological and neuropsychological assessment tools, writing comprehensive assessment reports, and providing feedback to clients, family members, and service providers. Assessments address questions related to community functioning (e.g., psycho-educational and psycho-vocational assessments) and issues of diagnosis and comorbidity among persons with psychosis. Weekly supervision meetings will be held with students and there are opportunities to attend a range of clinical rounds and interdisciplinary team meetings.

Cognitive Behaviour Therapy Service of the Complex Care and Recovery Program

Supervisors: Faye Doell, Ph.D., C.Psych.

Larry Baer, Ph.D., C.Psych.

James Watson-Gaze, Ph.D., C. Psych.

The primary focus of our service is to facilitate recovery from psychotic disorders by aiding clients in their efforts to gain or regain the valued roles, skills, and supports needed to have fulfilling lives in the community. We offer individual psychotherapy (typically 6 - 9 months in duration) for outpatient

clients experiencing psychosis and related comorbidities. We also offer brief individual therapy through the Partial Hospitalization (day hospital) Program and Inpatient Services. There are also numerous opportunities for group therapy with inpatient, day hospital and outpatient populations. Students will receive both individual and group supervision.

Training opportunities in intervention include specialized training in the application of CBT techniques to psychosis (targeting positive symptoms such as delusions and hallucinations, as well as negative symptoms and comorbid symptoms of mood and anxiety) in both individual and group therapy formats. Clients often also suffer from cognitive deficits, low self-esteem and self-stigma related to having a serious and chronic mental illness, all of which may also be addressed in therapy. Therapy will typically integrate elements of metacognitive, DBT, compassion-focused and mindfulness-based approaches. Our portfolio of group therapy interventions includes CBT for psychosis, as well as compassion-focused therapy, DBT skills and CBT treatments for social anxiety and other comorbid disorders of high prevalence amongst individuals with psychosis.

LAW AND MENTAL HEALTH PROGRAM

The Law and Mental Health Program was one of the first forensic centers established in Canada and continues to be at the forefront of research and treatment innovations. The Law and Mental Health Program specializes in the assessment and treatment of individuals who have ongoing involvement with the legal system.

Adult Forensic Outpatient Service

(Only available for Fall-Winter Practicum)

Supervisor: John Arrowood, Ph.D., C.Psych.

The Adult Forensic Outpatient rotation is part of the CAMH Forensic Division of the Complex Mental Illness Program (previously the Law and Mental Health Program) and is one of the first forensic centers established in Canada (as part of the Clarke Institute of Psychiatry) and continues to be at the forefront of research and treatment innovations.

The Adult Forensic Outpatient rotation takes place on a clinical and research outpatient unit which specializes in the assessment and treatment of individuals involved in the criminal justice system. Practicum students also have the opportunity to take on specialized assessments within the Psycholegal Assessment Clinic. Clinical activities in which practicum students are involved include diagnostic and sexological assessment, assessment of psychopathic personality, clinical and actuarial assessment of risk for reoffense, assessment of malingering, and assessment of Posttraumatic Stress Disorder. Practicum students will become familiar with the psycholegal standards in forensic practice and in reporting to probation and parole officers, attorneys, and the courts. Interns also take on individual psychotherapy clients and run treatment groups in the sex offender treatment program.

Supervision is provided on an individual basis as well as in team meetings and case conferences. Additionally, students will have the opportunity to attend Forensic Division seminar series. Possibilities also exist for participation in clinical research as time permits.

Adult Forensic Inpatient Service

Supervisor: Percy Wright, Ph.D., C.Psych.

The Law and Mental Health Program is comprised of several assessment and rehabilitative inpatient units that serve mentally ill individuals who are involved with the legal system. Relevant legal issues include clients' fitness (competency) to stand trial and/or their criminal responsibility (legal defense) for their crimes.

Specialized clinical activities in which practicum students are involved include the assessment of intellectual, cognitive, and neuropsychological functioning, personality, and malingering. In addition, practicum students would have the opportunity to learn necessary skills for the assessment of psychopathy and risk for future offending.

Students will become familiar with the psycholegal standards involved in forensic assessment and reporting to the courts; in addition, he or she will be preparing clinical reports for relevant legal bodies, such as the Ontario Review Board, that guide and monitor the supervision and clinical care of our rehabilitation clients. Opportunities for individual and group therapy are available on a variety of topics (e.g., substance abuse, anger management, risk management, symptom management) according to students' interests. Supervision is provided on an individual basis.

Forensic Consultation and Assessment Team (FORCAT: Adult Forensic Inpatient and Outpatient Service)

Supervisors: Smita Vir Tyagi, Ph.D., C.Psych.

Emily Cripps, Ph.D., C.Psych.

Brain Pauls, Ph.D., C.Psych.

FORCAT is part of the CAMH Forensic Division of the Complex Care and Recovery Program. Staff at FORCAT are involved in providing specialized forensic assessments and intervention to patients found Not Criminally Responsible on Account of Mental Disorder who are before the Ontario Review Board. Forensic assessments include risk assessment, personality assessment and cognitive assessments within the context of risk assessment and risk management. Students will have opportunities for group facilitation and individual psychotherapy. Students will be exposed to a range of assessment techniques and measures as well as specific interventions targeting risk, gain experience in forensic report writing and become familiar with standards of forensic practice. Students will have the opportunity to work on in-patient units as well with outpatient clients who are quite diverse ranging from those with extensive criminal histories, intellectual challenges and women to individuals who are of Aboriginal descent or cultural or visible minorities. Additionally, students will have opportunities for providing consultations on risk management to clinical teams across the hospital. Supervision is provided on an individual basis as well as in team meetings and case conferences. The ideal candidate for the Adult Forensic rotation is one with a strong interest in assessment and treatment of clients within a forensic setting and some experience of assessment prior.

Sexual Behaviours Clinic (SBC)

Supervisor: Ainslie Heasman, Ph.D., C.Psych.

*** accepts applicants from non-accredited programs**

The Sexual Behaviours Clinic (SBC) is part of the CAMH Complex Mental Illness Program. The SBC outpatient unit specializes in the assessment and treatment of individuals with sexual behaviour problems. Some individuals have engaged in sexual offences and have involvement with the legal system which results in their referral to the SBC, while others have self-identified concerns over sexual behaviour and/or interests (i.e. hypersexuality or paraphilias). An increasing number of non-offending individuals with pedophilia present to the clinic for treatment.

Students typically engage in sexological and diagnostic assessments of individuals in an outpatient context, and may also have the opportunity to assess individuals on an inpatient unit for sexual behaviour concerns. While psychological testing is not routinely conducted in these assessments, there is an opportunity for students to incorporate assessment tools on occasion, or assist in a more structured psychological assessment of clients referred by another SBC staff member. Students will learn to become proficient in the scoring of the Static-99R and attending to dynamic risk factors in assessment and treatment. Treatment groups for sexual behaviour problems are provided to outpatient groups and students can participate in co-facilitation. Co-facilitation can occur with the supervisor in a hypersexuality (non-forensic) group and/or a group for men with sexual offences, depending on the treatment schedule. There is an opportunity for individual therapy cases as well, addressing the same presenting sexual behaviour problems. Students will become familiar with the psycholegal standards involved in forensic assessment and how to work with key stakeholders in the system (i.e. probation).

Supervision is provided on an individual basis, as well as in team meetings and weekly case conferences. Students will also have the opportunity to participate in various departmental and hospital wide seminars.

WOMEN'S PROGRAM

(available for Fall and Winter placements)

Supervisor: Donna Akman, Ph.D., C. Psych.

The Women's Program offers services for women with chronic and complex mental health problems who often have a history of trauma and/or addictions. Our main service is an inpatient treatment program that is trauma-informed and integrates psychotherapeutic, psychopharmacological, and psycho-educational modalities of care. The Women's Program is staffed by an interdisciplinary team from psychiatry, psychology, nursing, therapeutic recreation, and social work.

Clinical activities in which students are involved include providing individual therapy with both inpatients and outpatients and co-facilitating inpatient groups. Students are expected to participate in clinical rounds, team meetings, and educational events.

Applicants should be enrolled in a Doctoral level program.

CLINICAL PRACTICUM FACULTY SUPERVISORS

Madison Aitken, Ph.D., C.Psych., University of Toronto, 2016. Clinical and Research Interests: Cognitive behavioural therapy for depression, anxiety, and disruptive behaviour in children and adolescents; parent interventions; comorbidity and transdiagnostic models of psychological symptoms.

Donna Akman, Ph.D., C.Psych., University of Toronto, 2003. Clinical and Research Interests: Women's mental health, feminist psychotherapy, social determinants of mental health, program development and evaluation.

Brendan Andrade, Ph.D., C.Psych., Dalhousie University, 2006. Clinical Interests: assessment and treatment of children and adolescents with disruptive behaviour and associated mental health concerns. Individual, family, and group based cognitive-behavioural intervention. Research Interests: social-cognitive and familial contributions to childhood disruptive and aggressive behaviour, ADHD, peer relationships, and clinic- and community-based prevention and intervention programs for disruptive children.

John S. Arrowood, Ph.D., C.Psych., State University of New York at Binghamton, 1994. Clinical Interests: forensic assessment including the assessment of dangerousness and psychopathic personality, assessment of fitness for duty or special assignment in police officers, and assessment and cognitive/behavioral treatment of Posttraumatic Stress Disorder (PTSD). Research Interests: historical antecedents of antisocial behavior and the behavioral and pharmacological treatment outcome in PTSD.

Larry Baer, PhD, C. Psych. Concordia University, 2014. Clinical and Research Interests: assessment and treatment of individuals with psychosis spectrum disorders and comorbidities such as social anxiety.

Faye Doell, Ph.D., C.Psych., York University, 2010. Clinical and Research Interests: assessment and treatment of individuals with Schizophrenia-spectrum disorders, with an emphasis on Cognitive Behavioural Therapy and Motivational Interviewing.

Donna Ferguson, Psy.D., C.Psych., Adler School of Professional Psychology, 2003. Clinical Interests: assessment and treatment of depressive and anxiety spectrum disorders. Individual and group cognitive behavioural treatment of depressive and anxiety disorders. Research Interests: assessment and treatment of concurrent disorders, particularly anxiety disorders and/or co-morbid depressive disorders with gambling pathology.

Niki Fitzgerald, Ph.D., C. Psych., University of Windsor, 2006. Clinical Interests: assessment and treatment of depression and anxiety-spectrum disorders with a particular interest in PTSD. Research Interests: the role of psychosocial factors on the presentation of depressive, anxiety, and pain disorders.

Ainslie Heasman, Ph.D., C.Psych., California School of Professional Psychology, 2005. Clinical Interests: sexological and diagnostic assessment and treatment of adults with sexual behaviour problems,

assessment of violence and sexual risk. Individual and group treatment for sexually problematic behaviours employing cognitive-behavioural strategies and the Good Lives Model. Research Interests: therapist characteristics and influence on treatment outcome, treatment efficacy for those with sexual behaviour problems, treatment of non-offending people with pedophilia.

Christian Hendershot, Ph.D., C.Psych. University of Washington, 2009. Clinical and research interests: cognitive-behavioral interventions; motivational interviewing; brief interventions for addictive behaviours.

Yarissa Herman, D.Psych., C.Psych. University of Western Australia, 2010. Clinical and research interests: psychosocial interventions for people with psychosis, with a particular emphasis on motivational interviewing and concurrent disorders.

Liora Keshet, M.A., C.Psych. Assoc., Hebrew University of Jerusalem, 1995. Clinical Interests: assessment and consultation of developmental and learning disabilities in children and adolescents.

Sean Kidd, Ph.D., C.Psych., Clinical Interests: complex trauma, mindfulness, and emotion-focused therapy. Research Interests: examining mechanisms of resilience among marginalized persons and the effectiveness of psychiatric rehabilitation interventions.

Judith M. Laposa, Ph.D., C.Psych., University of British Columbia, 2005. Clinical Interests: assessment; individual and group cognitive therapy for anxiety disorders. Research Interests: measurement and evaluation of cognitive models of anxiety disorders, and mechanisms in treatment response to cognitive behaviour therapy, with particular interests in PTSD, social phobia, and obsessive-compulsive disorder.

Longena Ng, Ph.D., C.Psych., York University, 2010. Clinical and Research Interests: Psychological assessment and cognitive behavioural treatment of PTSD, anxiety disorders, and depression. Program development and evaluation.

Lena C. Quilty, Ph.D. University of Waterloo, Clinical and research interests: include psychological assessment and treatment of mood and anxiety disorders. Research interests include the role of personality and cognition as mediators and moderators of treatment outcome in depression, the hierarchical structure of personality and psychopathology, and the psychometric evaluation of measures of psychopathology and other individual difference variables.

Margaret Reid, Clin.Psy.D., C.Psych. University of Birmingham, UK, 1999. Clinical and research interests: psychological assessment and cognitive behavioural treatment of anxiety, depression, post-traumatic stress, personality and substance use disorders in adults with or without cognitive impairments and/or Intellectual Disability/Developmental Disability.

Sylvian Roy, Ph.D., C.Psych. University to Montreal, 2011. Clinical interests: Neuropsychology and Neurorehabilitation. One of my roles will be to assess patients for brain injury and/or neurocognitive impairments stemming from complex medical conditions / concurrent disorders in addition to

schizophrenia. Neurorehabilitation efforts may focus on cognitive remediation and/or compensation. Supervision can be offered in French or English.

Pushpinder Saini, M.A., C.Psych. Assoc., Delhi University, New Delhi, India, 1998. Clinical Interests: Clinical Psychology and Clinical Neuropsychology- evaluation and assessment of neurological basis of behavioral, social, emotional difficulties affecting learning in children and adolescents.

Tracey A. Skilling, Ph.D., C.Psych. Queen's University, 2000. Research and Clinical Interests: causes and correlates of serious antisocial behaviour in children and adolescents; treatment program development and evaluation.

Julianne Vandervoort, Psy.D., C.Psych. Université du Québec en Outaouais, 2015. Clinical and research interests: psychological assessment and cognitive behavioural treatment of depression, anxiety, and substance use disorders in adults.

James Watson-Gaze, Ph.D., C.Psych., York University, 2017. Clinical and Research Interests: Assessment and treatment of people with psychotic disorders using CBT, DBT, and MI approaches; treatment of people with psychosis and comorbid substance use and/or emotion dysregulation

Percy N. Wright, Ph.D., C. Psych., York University, 1991. Clinical and Research Interests: intellectual and personality assessment with adult and adolescent offenders, assessment of malingering and deception, assessment of violence risk and the relationship between psychopathology and violence.

Centre for Addiction and Mental Health
Psychology Practicum Application Form
For 2019-2020 Academic Term

(Applications are due on or before **February 1, 2019**)

Name: _____

Address	
Telephone	
Date of Birth	
E-Mail Address	

Educational Background:

University	Dates of Attendance	Major	Degree Granted or Expected Completion Year

Director of Clinical Training: _____

Address	
Telephone	
E-Mail Address	

Fall-Winter Practicum

Spring-Summer Practicum

Rankings:

Based on the aforementioned descriptions provided, please rank order of the following rotations you would be interested in participating in (e.g., 1= 1st choice [most preferred rotation], 2= 2nd choice, 3= 3rd choice, etc.).

Please note that there are:

- (1) Child, Youth and Family, and
- (2) Adult tracks

It is possible, but unusual for candidates to have in-depth training in both child and adult work. If you have both, you may rank across Child and Adult tracks. Otherwise, you should rank within one track only.

You do not have to rank as many as 3 services (only rank those in which you are interested), but please do not rank more than 3 choices in total.

CHILD and YOUTH TRACK

Better Behaviours Service
Focus on Youth Psychosis Prevention (FYPP) Clinic
Mood and Anxiety Service
Psychological Assessment Team for Children and Youth
Youth Justice Assessment Clinic

ADULT TRACK

Addictions and Concurrent Disorders
Clinical Research
Complex Care and Recovery Program - Assessment Service
Complex Care and Recovery Program - Cognitive Behaviour Therapy Service
Forensic Inpatient Service
Forensic Outpatient Service
Forensic Consultation and Assessment Team
Gender Identity Clinic
Integrated Day Treatment Program
Mood and Anxiety Ambulatory Services
Adult Neurodevelopmental Services
Sexual Behaviours Clinic
Women's Program
Work, Stress and Health Program