



Art of Healing Participant Application

The Art of Healing patient program is an intimate 8-week group program, co-facilitated by Shkaabe Makwa and the Toronto Symphony Orchestra (TSO). It is an opportunity for patients to participate in storytelling that reflects and supports healing through music in a non-clinical setting. **The first session takes place on February 24, 2025.**

Participants can expect:

- Group check-ins
- Weekly storytelling prompts
- Conversations with TSO musicians
- Musical exploration through sound and instruments
- Light refreshments
- An intimate final concert and a closing feast during the last session

Music appreciation is a must, but musical experience is not required!

Applicants are encouraged to self-refer or have someone support them to complete the application. We encourage you to apply as soon as possible. **Applications will be accepted until February 6, 2025.**

Today's date:

First name:

Last name:

Telephone:

E-mail:

How did you hear about us?

There are a few eligibility criteria to be considered for the program. Please check all that apply:

I currently am a patient at CAMH

I identify as First Nations, Inuit or Métis

I did not participate in any previous Art of Healing Patient Program

I can commit to the full eight (8) week in-person program on Mondays from 6:00 p.m. - 7:30 p.m.

I am able to participate in English

I am 18 years of age or older

Please note space is limited. The program is open to people who identify as First Nations, Inuit and Métis who meet the eligibility criteria. Non-Indigenous people may be able to participate based on recruitment.

Please send completed application to Hannah.Burgeluviano@camh.ca with the subject line "Art of Healing Application".

It may take some time for program facilitators to get in touch. Please know program facilitators will be in touch with all applicants to confirm if you will be able to participate in the upcoming series.

Thank you for your interest in the Art of Healing Program!



Frequently Asked Questions

How can I participate?

If you're interested in being a part of the Art of Healing patient program, please complete the brief application form and email it to Hannah.BurgeLuviano@camh.ca to express your interest. We will review all applications and contact you with next steps. Space is limited.

I participated in a past Art of Healing patient program, can I apply again?

The 2025 Art of Healing patient program is open to new participants without previous involvement in the program.

Who can apply?

The Art of Healing patient program is open to First Nations, Inuit, or Métis patients of CAMH that are 18 years of age or older. Depending on recruitment needs, the program may become available to others.

Do I need to know how to play or read music?

No musical training or ability is needed to participate. Only an appreciation of music is required.

Who is the program suited for?

This program is most suited for individuals with an ability to participate in active listening, those who can collaborate in group settings, and those with an interest in shared storytelling.

Is this a clinical group?

No. This program is designed to be therapeutic and focus on music, storytelling and healing, but it is not a clinical group.

When will the program take place?

The Art of Healing patient program runs Monday evenings, 6:00 p.m. – 7:30 p.m., from February 24 through April 7, 2025.

Do I have to attend all the sessions?

Yes. The program is designed to foster an environment of unity, comfort and creativity and all participants are expected to attend all eight program sessions.

Where are the program sessions hosted?

Each session is hosted in-person at CAMH's Queen Street West and Ossington location.

Is there an option to participate virtually?

No. The Art of Healing patient program is offered in-person only.