

SERVICES AND SUPPORT AFTER INCARCERATION

Where to go when you're looking for help

If you are seeking information about court-mandated programs for adults charged with domestic violence, please refer to the Partner Assault Response Programs resource sheet.

Walk-In Clinics

Government of Ontario

www.ontario.ca/locations/health/index.php?lang=en

Services offered: Website to help people find health care services across the province. To search, specify the health care service you are interested in (e.g., walk-in clinic, hospital, addiction or mental health program, sexual health clinic) and the area where you are seeking that service.

How to Find a Family Doctor or Nurse Practitioner

Health Care Connect, Ministry of Health and Long-Term Care

1 800 445-1822, press 5

hcc3.hcc.moh.gov.on.ca/HCCWeb/faces/layoutHCCSplash.jsp

Services offered: Help finding a family doctor or nurse practitioner in your area who is accepting new patients: sign up for Health Care Connect through the website listed above; once you are registered, you will receive an information package directing you to a care connector who will refer you to a family doctor as soon as one becomes available

College of Physicians and Surgeons of Ontario

cpso.on.ca

Services offered: A “Find a Doctor” search on their website; if you don’t have the name of a specific doctor you are looking for, choose the “Advanced Search” option, leave the physician name blank and enter the postal code

If any of this information is incorrect or outdated, or if there are additional organizations or programs that would be helpful to include, please e-mail the information to us at access.resources@camh.ca.

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and city where you are looking for a doctor, then contact the doctors listed to see if they are accepting new patients

Nurse Practitioners' Association of Ontario

npao.org/about-npao/clinics

416 980-4566

Services offered: A website with an explanation of services nurse practitioners offer and a list of nurse practitioner-led clinics by region (you can then contact the one closest to you to find out if you can register with the clinic)

Support Services

CMHA – Mental Health & Justice Services

700 Lawrence Ave. W., Toronto, ON

416 789-7957

Services offered: Programs to support people in the mental health and justice system (programs and eligibility criteria are outlined below)

Post Incarceration Housing Program, CMHA Toronto

toronto.cmha.ca/programs-services/post-incarceration-housing-program

Services offered: Support for people trying to find and maintain affordable housing through partnerships and referrals; services include housing help, access to income benefits and ID replacement, help getting furniture, links to treatment and rehabilitation services and assistance with activities of daily living

Eligibility: People with mental health problems including addictions who have recent or current criminal justice involvement and who are homeless or are at risk of becoming homeless

Referral: To apply for the program, complete the referral form on their website and fax it to 416 289-6843

Mental Health and Justice (MHJ) Crisis Prevention Service

toronto.cmha.ca/programs-services/mental-health-and-justice-mhj-crisis-prevention-services

Services offered: Short-term case management and community support to help link people to mental health services and reduce their risk of criminal arrest

Eligibility: People age 16 and older who have a mental health concern and are at risk of incurring criminal charges, are facing criminal charges or have recently had charges before the court

Referral: Referrals can be made by the individual, family, police, probation services, court personnel and other service providers by completing the referral form on the website

Mental Health and Justice (MHJ) Case Management Services

toronto.cmha.ca/programs-services/mental-health-justice-mhj-case-management-services

Services offered: 395 supportive housing units in Toronto with a high level of flexible support

Eligibility: People age 16 and older who are involved in the criminal justice system, are homeless or at risk of being homeless, have independent living skills and can be safely supported in the community

Referral: Referrals are only accepted from priority referral sources: police, correctional facilities, probation and parole officers and law and mental health programs; the referral can be made through the Access Point (on their website) or by calling 416 640-1934

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Court Support & Diversion Services

Metro East courthouse, 1911 Eglinton Ave. E., room 403, Scarborough, ON

Metro West courthouse, 2201 Finch Ave. W., 1st floor, North York, ON

toronto.cmha.ca/programs-services/mental-health-justice-mhj-court-support-diversion-services

Services offered: Diversion from the court system and connection to mental health services in the community, consultation for people who do not qualify for diversion and help linking them to services to facilitate bail or assist with sentencing, intensive case management, information and consultation to families and others

Eligibility: People age 18 and older who have a serious mental illness and have been charged with a criminal offence in the Metro East or Metro West courts

Referral: To apply for services for Metro East courthouse, please call [416 285-4177](tel:4162854177); for Metro West courthouse, call [416 745-5775](tel:4167455775)

Cota – Mental Health & Justice Services

550 Queen St. E., suite 200, Toronto, ON

[416 785-9230](tel:4167859230)

www.cotainspires.ca/content.php?doc=656

Services offered: Services for adults with mental health challenges who are involved with the criminal justice system or at risk of becoming involved (various services are listed below)

Mental Health Court Support

1000 Finch Ave. W., North York, ON

www.cotainspires.ca/content.php?doc=657

Services offered: Diversion from the criminal justice system to the mental health system, needs assessments, recovery-oriented court diversion plan development, referral to mental health services and education

Eligibility: People age 16 and older with a serious mental illness who are currently involved with the criminal justice system but who would be better served in the mental health system

Referral: Anyone involved in the proceedings can make a referral directly at the Cota's Mental Health Court Support office within the court

Dual Diagnosis & Justice Case Management

www.cotainspires.ca/content.php?doc=658

Services offered: Case management support to help clients maintain optimal health and wellness and meet their individual goals

Eligibility: People age 16 and older with a mild to moderate developmental disability and diagnosed mental illness living in Toronto; they must either be currently involved in the criminal justice system or identified as at risk of involvement

Referral: A referral form must be requested from Cota and can be completed and submitted by any caregiver, professional and prospective client

Mental Health & Justice Case Management

[416 785-9230](tel:4167859230)

www.cotainspires.ca/content.php?doc=659

Services offered: Individualized case management, including comprehensive assessment, safety planning, recovery/goal planning, housing support, assistance with legal proceedings and referral to additional services

Eligibility: People age 18 and older who are living with a serious mental illness and have active involvement in the justice system; they must be out of custody and accessed by Cota for their ability to be supported in the community.

Referral: Referrals are made by contacting Cota by phone

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Mental Health & Justice: Prevention Program

416 785-9230

www.cotainspires.ca/content.php?doc=660

Services offered: Individualized case management to support clients in minimizing their chance of future justice system involvement

Eligibility: People age 16 and older living with a serious mental illness in the North York community; the person must also meet one of the following criteria: referred by police officer or probation officer who identified the person as moderate to high risk of being charged with an offense, currently facing charges or released from jail within past year, living with five or more risk factors (as listed on their site)

Referral: Referrals are made by contacting Cota by phone

Release Planning Case Management Program

www.cotainspires.ca/content.php?doc=662

Services offered: Short-term case management to support the client in transitioning back into the community

Eligibility: Men age 18 and older with a serious mental illness who are incarcerated at the Toronto South Detention Centre and are about to be released

Referral: Referrals are sent through the staff at the Toronto South Detention Centre

Elizabeth Fry Toronto

215 Wellesley St. E., Toronto, ON

www.efrytoronto.org

416 924-3708, 1 855 924-3708

Services offered: Transitional residence and community support, including transitional housing, counselling services (e.g., parenting, Partner Assault Response program, psychiatric services and reintegration counselling), employment services, community supports (e.g., Court Support Program, Social-Recreation Program and Market Place), sex work transition planning

Eligibility: Women who are, have been or are at risk of being in conflict with the law; additional eligibility criteria for some programs

Fees: Free, except for the Partner Assault Response program

Jean Tweed Centre – Justice Addiction & Mental Health (JAM) Outreach Program

215 Evans Ave., Toronto, ON

jeantweed.com

416 255-7359

Services offered: Help with release plans while in custody, connections to local resources for housing and social supports and referrals to substance use and mental health supports

Eligibility: Women in Toronto's west end with both substance use problems and a serious mental illness who are currently involved with the criminal justice system

Referral: Self-referrals are accepted by calling the number above

John Howard Society of Toronto

1669 Eglinton Ave. W., Toronto, ON (main office)

160 Horner Ave. (Reintegration Services trailer)

3313 Lakeshore Blvd. West, Etobicoke, ON (Lakeshore site)

416 925-4386, 1 866 265-4434

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johnhoward.on.ca/toronto/services

Services offered: Anger management programs, Reintegration Service trailer in parking lot of South Detention Centre (see address above) provides support for people being released from jail or returning to pick up their property, such as counselling, clothing, food, TTC tokens, a place to check emails, charge cel phones and accompaniment in the community; Lakeshore site - assessments, referrals, snacks, overdose prevention information, harm reduction/education tools, naloxone; Homes for Good, provides help finding housing and intensive follow-up support to men post-incarceration; pre-employment programs; S.T.E.A.M. Strategies Towards Employment Anger Management offers support to maintain employment and communicate positively; Record Suspension (Pardons) Service provides help people applying for a Record Suspension; Relapse Prevention Program offers weekly group and individual counselling to help men break the cycle of addiction.

Eligibility: Varies by program: anger management is for mandated and voluntary clients but men with domestic-related charges must first successfully complete a domestic violence program; S.T.E.A.M. is for male Ontario Works recipients looking for work who may have poor conflict resolution skills and/or limited success in personal relationships

Referral: Referral processes vary by program; to get connected with services, contact the number listed above or review the services on their website for alternative contact information

Fees: Some fees will apply. Record Suspension support is \$365 plus applicable fees.

Mental Health and Justice Supportive Housing Program, The Access Point

416 640-1934

theaccesspoint.ca/partners

Services offered: A Ministry of Health and Long-Term Care program made up of LOFT, CMHA, COTA and Houselink that connects people with safe and dignified housing and provides mental health, employment and crisis support

Eligibility: People age 16 to 64 who have a serious mental illness, are homeless or at risk of being homeless and are currently involved in the criminal justice system

Referral: A referral is made through the Access Point by completing the online referral form; it can be made by Mental Health Court Support programs and associated court-based case management programs (link to referral form: hub.theaccesspoint.ca/referralForm_0.php)

ID Clinics

Partners for Access and Identification (PAID) Project, Neighbourhood Link Support Services

www.neighbourhoodlink.org/index.php?page_id=239

Services offered: 40 clinics around the GTA that help people access health care and sources of income such as pensions and other services; support in obtaining birth registration, Canadian birth certificates, Verification of Status replacement (formerly known as Record of Landing) and Ontario health care (if the person does not have an address and ID)

Eligibility: Helps people who do not have a permanent address

Street Health

338 Dundas St. E., Toronto, ON

416 921-8668 ext. 227

www.streethhealth.ca/street-resources/id-replacement

Services offered: A schedule of identification clinics for clients looking to replace or obtain legal identifications

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Eligibility: Anyone who needs help replacing or obtaining legal ID

Note: Only 30 people can be seen at each clinic, so it's best to arrive early to sign up; refer to their website for ID replacement clinic hours and locations (schedule changes often)