

ENHANCING CBT FOR YOUTH:

Training for therapists with focus on group therapy



Developed by Dr. Darren Courtney at the Cundill Centre at CAMH, CARIBOU is an interactive and evidence-based program designed specifically for healthcare professionals. CARIBOU enhances treatment for depression in children and youth under 24 through the use of CBT delivered in a group therapy setting.

Course Highlights

- Asynchronous eLearning Course
- Comprehensive Curriculum
- Virtual Simulations
- Synchronous Components
- Live Webinars with Dr. Courtney: Nov 4th @10:00AM; Nov 18 @10:00AM; Dec 2 @10:00AM

Pricing & Registration

CAMH Staff: \$200

Regular: \$250

Registration closes October 24 or when full



Course Schedule:

October 28, 2025 - January 30, 2026



Webinars hosted on WebEx

Link will be sent to registrants before course begins



FOR MORE INFORMATION, EMAIL CUNDILL.CENTRE@CAMH.CA