

ESL for mental health and wellness

Join us for a **FREE**, 8-week English as a Second Language (ESL) program!

This program aims to help refugees and newcomers who want to improve their English in a safe, supportive, and welcoming environment. No advanced English skills are required.



Scan this QR code to register and learn more!



**When: Tuesdays,
Sept 22nd – Nov 10th**

1:00 – 3:00 PM



Where:

**RBC Patient and Family Learning Space at CAMH,
1025 Queen St. W, Toronto,
ON. Ground Floor.**

Questions?

Email us at PFLS@camh.ca