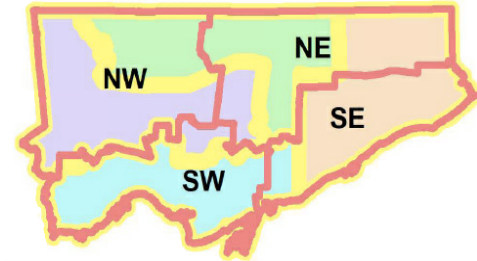


CHILD & YOUTH MENTAL HEALTH SERVICES

Toronto Northeast Quadrant

Last Updated: February 2023

Community Resources



Afghan Women's Organization (AWO)

150 Consumers Rd., Unit 203, North York, ON (Head Office)

Other locations in Toronto can be found on their website

afghanwomen.org

416 588-3585

Services offered: AWO youth program, which helps youth adapt and integrate into Canadian society; settlement services; counselling; skills development workshops; anger management and conflict resolution sessions; mentorship; social and recreational events; drop-in sessions; volunteer opportunities for community hours; homework club

Eligibility: Afghan youth ages 14 to 29 who live in the Toronto and Peel regions

Agincourt Community Services Association

4155 Sheppard Ave. E., Suite 100, Toronto, ON (Main Office)

4139 Sheppard Ave. E., Toronto, ON (Child and Family Centre)

201 Chester Le Blvd., 2nd floor, Toronto, ON (Chester Le Community Corner)

Other locations across Toronto can be found on their website

agincourtcommunityservices.com

416 321-6912 (Main Office)

416 299-9872 (Child and Family Centre)

416 491-3456 (Chester Le Community Corner)

hubreception@agincourtcommunityservices.com

Services offered: Creative play, EarlyON, parent & caregiver support services, after-school program, restorative practices, parent & caregiver workshops, teen mothers program, provincial youth outreach workers, mental health resources, R.A.C.K.S 1-on-1 youth support program, cooking healthy together nutrition program, food bank

Eligibility: Specific eligibility criteria varies by program

Holland Bloorview Kids Rehabilitation Hospital

150 Kilgour Rd., Toronto, ON

hollandbloorview.ca

416 425-6220

If any of this information is incorrect or outdated, or if there are additional organizations or programs that would be helpful to include, please e-mail the information to us at access.resources@camh.ca.

This resource list is for information purposes only and does not constitute an endorsement by CAMH or guarantee any particular outcome.

camh

1 800 363-2440 (Toll-free)

416 400-8876 (Info line)

info@hollandbloorview.ca

Services offered: In-patient and outpatient services, family workshops and resources, online family resources centre, family support fund, Holland Bloor (HB) info line, annual recreation fair, youth volunteer and employment programs, youth leadership opportunities, adapted sports and recreation programs, adapted recreation equipment loan program, non-medical programming for preschoolers, school-aged children, and their families, friendship and belonging virtual hangouts, life skills development, OnTrack student-led learning environments, post-secondary transition services, and transitioning to adult services program

Eligibility: Specific eligibility criteria varies by program

Referral: Specific referral process varies by program

Jewish Family and Child Services - Jerome D. Diamond Adolescent Centre

196 Keewatin Ave., Toronto, ON

jfundcs.com

416 482-3023

info@jfundcs.com

Services offered: Day treatment services (education program; cultural, social, and recreational group activities; individual, family, and group therapy)

Eligibility: Youth between the ages of 11 - 17; specific eligibility criteria varies by program

Lumenus - Northeast Toronto Location

155 McNicoll Ave., Toronto, ON

Various service locations across Toronto can be found on their website

lumenus.ca

416 222-1153 (Main line)

416 744-7650 (McNicoll Ave location)

info@lumenus.ca

Services offered: Urgent response services for children with autism, EarlyON programming, centralized access to residential services (C.A.R.S.) program, Ontario autism program (OAP), youth-led projects, wraparound services, youth mental health court services, Griffin community support network, school focused mental health counselling, provincial youth outreach workers, hospital transition support services, drug education and harm reduction education, respite services, reachOUT - 2SLGBTQ+ youth program, individual and family counselling, Better Beginnings Now parenting program

Eligibility: Specific eligibility criteria varies by program

Note: Services offered at specific locations vary - check website for more details

North York General Hospital (Child and Adolescent Mental Health Program)

4001 Leslie St., 7th Floor, Toronto, ON (Inpatient Unit)

10 Buchan Ct., Toronto, ON (Philips House - Outpatient Program & Day Hospital)

nygh.on.ca

416 756-6642 (Inpatient Unit)

416 756-6933 (Outpatient Program & Day Hospital)

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Services offered: Inpatient unit provides services to children and teens with severe mental health problems; outpatient program provides assessment and treatment for children, adolescents and their families, counselling, case management, and community supports; the day hospital is run by a multidisciplinary team that offers psychiatric assessment, stabilization, medication management, an education program, and individual/group/family therapy

Eligibility: Inpatient unit is for children and teenagers up to 19 years; outpatient program serves children, adolescents, and their families; the day hospital is for children and adolescents who require ongoing support, but who can continue living in the community

Referral: Varies by program; for the outpatient program, physician referrals are accepted for people living within the geographical area served by the hospital

Regesh Family & Child Services

149 Willowdale Ave., Toronto, ON

regesh.com

416 495-8832

info@regesh.com

Services offered: JumpAhead after-school program for children and teens, family support therapy, anger management clinic, child and adolescent therapy program, empowering youth employment readiness program (EYER), summer day camp

Eligibility: Specific eligibility criteria varies by program

Referral: Varies by program

Strides Toronto - Northeast Location

325 Milner Ave., Suite 110, Scarborough, ON

Other locations across Toronto are listed on their website

stridestoronto.ca

416 321-5464

contactus@stridestoronto.ca

Services offered: Individual child and youth counselling, family counselling, specialized groups/workshops for children, youth, or parents, skill development for children and youth with autism spectrum disorder, assessment and treatment of early speech and language delays, extra support for a healthy pregnancy, residential treatment programs, gender-based violence support, system navigation assistance, and information and resource materials

Eligibility: Children, youth, and their families

Languages: Varies by service; languages include English, French, Tamil, Mandarin, and Farsi

Referral: No referral needed

Sunnybrook Health Sciences Centre - Youth Programming

2075 Bayview Ave., Toronto, ON

sunnybrook.ca

416 480-6100

Services offered: Inpatient program that focuses on assessment and short-term stabilization, outpatient program, day treatment (Fresh Start) school-based program, family navigation services, and youth urgent assessment clinic

Eligibility: Youth with complex mood and anxiety issues, primarily in Metro Toronto (requests for second opinions from specialists across Ontario are also accepted); more specific eligibility criteria varies by program; outpatient and day treatment programs do not usually accept patients whose problems are primarily eating

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disorders, severe developmental disorders, substance abuse/dependence, severe disruptive behaviour disorders, or forensic cases

Referral: Most programming requires a referral from a physician or psychiatrist; no referral required for family navigation services or emergency inpatient services