About the project

The Immigrant and Refugee Mental Health Project is an evidence-based, capacity-building initiative designed to enhance the knowledge, skills and networks of service providers to appropriately respond to the unique mental health needs of immigrants and refugees. Informed by national experts and community partners from the settlement, social and health sectors, this project offers a range of free, web-based training, tools and resources in both French and English.

Achievements

19,185
Health, settlement and social service providers enrolled in online courses*

15,642
Webinar registrants

11,819
Toolkit visitors

11,406
Newsletter subscribers

10,332
Community of practice members

“An online course like this can help build capacity outside of our urban centers which means that people are going to get better services everywhere in Canada.”

– Mental Health Commission of Canada Representative, 2018
Our participants

Pascal Ménard
Professional de santé, Réseau de Santé Alberta (Calgary, AB)

Lorjane Émond-Géméral
Adjointe à l’administration, Réseau Franco-Santé (Whitehorse, YK)

Zelda Shum
ACT Coordinator, S.U.C.C.E.S.S. (Burnaby, BC)

Son Trinh
Cultural broker, Multicultural Association of Fredericton (Fredericton, NB)

Elizabeth Gebre Mariam
Receptionist, Immigrant Services of Nova Scotia (Halifax, NS)

Afon Tolley
Manager, Global Gathering Place Program (Saskatoon, SK)

Pascal Ménard
Instructor, Sanctuary Refugee Health Centre (Kitchener, ON)

Kevin Chin

Lisa Gotell
Directrice de la planification, Entité 4 (Aurora, ON)

Our participants

93% of course participants said the course met their learning needs.

98% of course participants said they would recommend the course to others.

About the Centre for Addiction and Mental Health

This project is managed through the Office of Health Equity at the Centre for Addiction and Mental Health (CAMH) in Toronto, Ontario. The Office of Health Equity works on different initiatives, both in collaboration with other hospital departments and community partners, in the pursuit of enabling the equitable healthcare provision and outcomes. CAMH is Canada’s largest teaching hospital and one of the world’s leading research centres in its field. CAMH is fully affiliated with the University of Toronto and is a Pan American Health Organization / World Health Organization Collaborating Centre.

Stay connected

 irmhp-psmir.camh.ca
 irmhproject@camh.ca / projetsmir@camh.ca

Timeline

2009
An identified need
Creation of the Refugee Mental Health Practices study

2012
The response
The Refugee Mental Health Project (RMHP) is founded

2015
Going national
A special course on Syrian refugees is offered

2017
You’ve only heard half the story
The RMHP becomes the Immigrant and Refugee Mental Health Project

2020
Project expansion
New courses added and national partnerships expanded

2022 - 2025
Looking ahead
Continuing to build the capacity of service providers across Canada

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