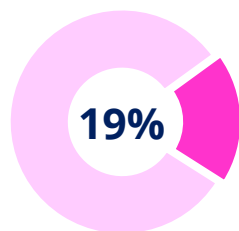


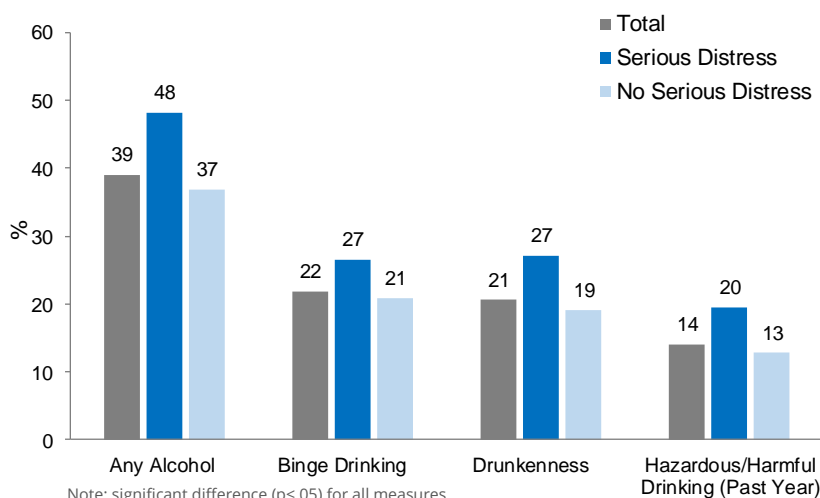
Drug Use Among Ontario High School Students with Psychological Distress



150,000

About one-in-five high school students (grades 9-12) in Ontario meet the criteria for serious psychological distress (symptoms of anxiety and depression), as measured by the *Kessler Psychological Distress Scale (K6)*. This percentage represents about 150,000 high school students in the province.

Percentage of high school students reporting past month alcohol use measures according to psychological distress, 2017 OSDUHS



Compared with students who did not report serious psychological distress, those students who reported experiencing serious distress were significantly more likely to report any alcohol use, risky alcohol use, and symptoms of hazardous/harmful drinking.

Compared with students who did not report serious psychological distress, those students who reported experiencing serious distress were significantly more likely to report drug use and symptoms of a drug use problem.

Percentage of high school students reporting past year drug use measures according to psychological distress, 2017 OSDUHS

