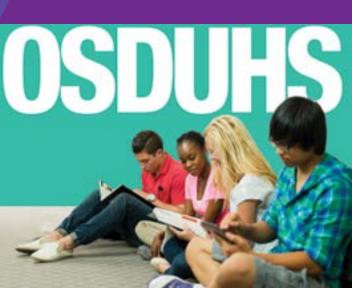
## camh

Ontario
Student
Drug Use
and Health
Survey



## What is the OSDUHS?

The OSDUHS is an anonymous health survey of Ontario students that has been going on since 1977. It is the longest-running school survey in Canada and one of the longest in the world!

Every two years, over 10,000 students in grades 7 to 12 in public and Catholic schools in big cities, small towns and rural areas across Ontario take part in the survey. The survey topics cover a range of issues facing young people today, such as smoking, drinking, cannabis and other drug use, mental health, physical health, bullying, violence, gambling and technology use. The OSDUHS is a leading source of data that provides the most comprehensive information about the health of Ontario youth.



# How are the survey results used?

#### PUBLIC HEALTH MONITORING

- Identify trends, emerging issues and needs.
- Identify risk and protective factors.
- Evaluate youth health promotion and prevention strategies
- Contribute to community reports and policy-related documents.
- Provide reliable data to public health units and other health agencies.

#### **HEALTH PROMOTION**

- Develop resources to help youth, families and communities.
- Provide the impetus and information for national media prevention campaigns.



#### **EDUCATION**

- Provide teachers and other professionals with accurate and timely information.
- Facilitate outreach activities to parents, school boards and communities.
- Identify areas for targeted policies and programs.
- · Identify groups who are at risk.
- Contribute evidence to inform Ontario's curriculum and school policies.

## Who uses the results?

- health professionals
- educators
- community agencies
- public health advocates

- policymakers
- researchers
- private sector
- media



### Recent media headlines

- "Teen vaping rates double in Ontario in just two years"
  - 2019 OSDUHS, Toronto Star
- "Social media harder on girls' mental state: survey"
  - 2017 OSDUHS, Globe and Mail
- "Half of teen girls in Ontario under psychological distress, CAMH survey shows"
  - 2017 OSDUHS, CTV News
- "E-cigarettes more popular among Ontario students than regular cigarettes: CAMH"
  - 2015 OSDUHS, Global News
- "Texting while driving common among Ontario teens: study"
  - 2013 OSDUHS, CBC News
- "Is driving high the new drinking and driving for Ontario teens?"
  - 2013 OSDUHS, Global News
- "Concussions strike 1 in 5 teens and may lead to lower grades: study"
  - 2011 OSDUHS, Toronto Star

To see OSDUHS reports and FAQs, please visit our web page:

www.camh.ca/osduhs

E-mail: osduhs@camh.ca

For information on mental health concerns, including addictions, or for other resources, please visit our website: www.camh.ca

To make a donation, please contact the CAMH Foundation:

Tel.: 416 979-6909

Email: foundation@camh.ca

If you have questions, concerns or compliments about services at CAMH, please contact the Client Relations Office:

Tel.: 416 535-8501 ext. 32027 Email: client.relations@camh.ca

Family members are welcome to contact the Office of Family Engagement for information and help getting connected:

100 Stokes St. (Bell Gateway Bldg.),

ground floor, room 1314

Tel.: 416 535-8501 ext. 33202

Email: familyengagement@camh.ca

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