2021 OPOC survey

Who filled out the 2021 OPOC Survey?

A total of 776 surveys were completed by 650 patients and 126 families.

Acute Care inpatients: 62
Acute Care outpatients: 233
Complex Care and Recovery inpatients: 198
Complex Care and Recovery outpatients: 85
Child, Youth and Emerging Adult Program Patients: 55
Forensic Program: 95
Families: 126

For more information about OPOC, please contact Patient and Family Experience:
Tel: 416 535-8501 ext. 33203

For Information about accessing services at CAMH, contact Access CAMH:
Tel.: 416 535-8501 ext. 2

For information on mental health, including addiction, or other resources please visit our website:
www.camh.ca

Family members are welcome to contact the Family Resource Centre for information and help getting connected:
1025 Queen Street West, McCain Complex Care and Recovery Building, Ground Floor.
Tel.: 416 535-8501 ext. 33202
E-mail: family.engagement@camh.ca

If you have questions, concerns or compliments about services at CAMH, please contact the Client Relations Office:
Tel.: 416 535-8501 ext. 32027
E-mail: client.relations@camh.ca

To make a donation, please contact the CAMH Foundation:
Tel.: 416 979-6909
E-mail: foundation@camh.ca
What is the Ontario Perception of Care Survey (OPOC)?

Each year, patients and families tell us about their care at CAMH through the OPOC survey. This feedback helps us understand what we are doing well and where we need to improve.

For example, you told us that the buildings were old and did not offer enough privacy. We heard you. Patients and family members were active partners in designing the new buildings at CAMH. Patients and family members visiting or receiving services in the new buildings told us the new spaces are very welcoming. They especially appreciate having private rooms, doors that lock, and bathrooms attached to patient rooms.

“It’s a very good environment to focus on yourself & actually apply yourself.”

“The space is very inclusive to people with disabilities.”

Your feedback about your care at CAMH tells us…

WHAT’S GOING WELL:
• Staff treat you with respect and believe you can change and grow.
• You feel welcomed and are provided with private space when needed.
• The new buildings are comfortable, accessible, and clean.

“Once being admitted, the support I received was nothing short of amazing. I felt supported by all the staff in this unit - nurses, social workers, and doctors.”

“When I had first walked in, the nurse at the front desk was very kind and made me feel very welcome. She immediately made me feel safe.”

WHERE WE CAN DO BETTER:
• You would like to be more involved in decisions about your treatment and discharge planning.
• You want more access to alternative services (e.g. exercise, meditation, culturally appropriate programs).
• You want faster responses to crisis and urgent needs, and shorter wait times.

“Support after discharge is not as available as one would hope and wait periods exacerbate mental suffering.”

“Certain types of therapy (i.e. medication) seem to be used first and foremost while other alternative types (exercise, meditation, horticulture, work therapy, talk therapy) are discounted or not considered at all.”

Please give this section to your unit clerk.

You can also submit feedback online:
• Email family.engagement@camh.ca
• Submit feedback at: https://is.gd/survey_OPOC2021
• Scan the QR Code below using your cellphone camera