



Adult Neurodevelopmental Services (ANS)

What do you need to send with your referral?

Referral for our assessment and/or treatment services: in order to proceed with these referrals we require the confirmation of eligibility. This could be done by faxing one of the following documents at the time of the referral:

- Psychological assessment
- Psychiatric assessment
- School accommodation documents (IEP, IPRC)
- Registration with Developmental Services Ontario-DSO or
- Involvement with developmental sector supports (i.e. Surrey Place, Community Network of Specialized Care, Central West Specialized Developmental Services, Community Living, etc.

For people between the ages 16-18 who may not be registered with DSO at the time of referral, a psychological assessment or school documentation to confirm eligibility could be faxed at the time of the referral.

Referral for an Autism assessment: In order to proceed with these referrals we need a Confirmation of an informant (i.e. parent, aunt, uncle or older sibling) who is available to attend appointments to provide developmental history information from early childhood. You need to provide the name and phone number of the person and indicate whether the person can attend appointment onsite or by phone. ***Without this information we cannot proceed with this assessment.*** Also, if available please provide any additional information to assist in the assessment **before the first appointment.** The following are examples of useful information:

- Psychological assessment
- Psychiatric assessment
- Psychoeducational assessment
- School accommodation documents (IEP, IPRC)
- School records/report cards
- Medication history
- Recent blood work



- Hospital admission & discharge summaries
- Discharge summaries from residential, educational & vocational placements
- Specialized assessments and treatment summaries (e.g. functional, auditory, speech), including any MRI, EEG or CT results, Occupational Therapy reports, Behaviour Therapy reports, Speech and Language Pathology reports, sleep clinic reports, genetics testing

There is an exception for referring to our groups:

- For the Self-Regulation Group we accept self-referrals or referrals by doctor or a nurse practitioner. You can get more information by emailing us at:
ANSSelfRegulation@camh.ca

For the Families Connect Group you can get more information by emailing us at:
ANSSelfRegulation@camh.ca

Referral for ANS Brief Intervention Unit (Inpatient)

Admission to our inpatient is accepted through our outpatient service. The inpatient admission is offered to clients who require hospital-based brief intensive assessment and or intervention (e.g., medication initiation or review, brief observation of symptoms).