

PSYCHOEDUCATIONAL TESTING

Where to go when you are looking for help

Updated: May 2024

Psychoeducational testing is a series of tests that explore how a person learns and processes information. It identifies strengths and weaknesses in areas such as reading, writing, math and problem solving. This testing can uncover learning difficulties, such as dyslexia or ADHD. The results help educators develop plans to support the person's learning and educational growth.

In Ontario, OHIP does not cover the cost of assessments; however, private insurance plans may cover all or part of the expense. College or university students who are receiving OSAP may qualify for a bursary that covers the assessment cost. If the person has had a psychological assessment recently, this may reduce the time and cost of another assessment.

Psychoeducational Testing Centres

ADD Centre

50 Village Centre Place, Mississauga
www.addcentre.com/psycho-educational-assessments
Tel.: 416 488-2233
addcentre@gmail.com

Services: Assessment for attention-deficit/hyperactivity disorder, learning disabilities, giftedness, anxiety and related conditions; neurofeedback, biofeedback, cognitive training; personalized treatment plans to improve attention, focus, overall cognitive functioning; support for academic and workplace accommodations

Centre for Interpersonal Relationships – Psychoeducation Assessment Service

3 locations: Toronto, Ottawa, St. Catherines – see website for addresses
www.cfir.ca/assessment-for/psychoeducation
Tel.: 1 855 779-2347
admin@cfir.ca

Services: Assessment for children, adolescents and adults; assessment of cognitive and intellectual functioning, attention deficits and ADHD, learning disabilities, giftedness, mental health conditions; individual and group sessions tailored to address specific mental health concerns, fostering a deeper understanding of one's emotional and psychological well-being

Referral: Self-referral, referral by family members or health care providers

If any of this information is incorrect or outdated, or if there are additional organizations or programs that would be helpful to include, please email the information to us at access.resources@camh.ca.

This resource list is for information purposes only and does not constitute an endorsement by CAMH or guarantee any particular outcome.

Cornerstone Psychological Services – Psychological Assessment

1 Promenade Circle, Suite 313C, Thornhill

cornerpsych.com

Tel.: 416 284-5923

Services: Assessment of children and adults for giftedness, attention-deficit/hyperactivity disorder, learning disabilities, autism spectrum disorder, developmental disabilities, mood disorders, dyslexia; support in developing learning strategies, organization and time-management techniques; referral to other services

Eligibility: Age 6+

Referral: Self-referral, referral from health care providers, teachers, family

Hospital for Sick Children – Psychology Department

555 University Ave., Toronto

www.sickkids.ca/Psychology

Tel.: 416 813-1500

Services: Neuropsychological assessments of cognitive and academic skills in children with various developmental or medical conditions; recommendations to assist with educational planning and medical management

Referral: Required from hospital staff member

Papillion Family Health

60 Queen St. East, Suite 205, Brampton

papillonfamilyhealth.ca/services/psychoeducational-assessments

Tel.: 289 752-7250

Services: Psychoeducational assessment of children with autism spectrum disorder to identify specific learning difficulties; applied behavioural therapy for autism, speech therapy, occupational therapy; autism diagnosis; respite care; development of care plans with families

Eligibility: Children who live in Peel Region

Referral: Required from school or family

Redpath Centre

40 Holly St., Toronto

www.redpathcentre.ca/assessments

Tel.: 416 920-4999

Services: Specialized assessments for people of all ages for autism spectrum disorder, learning disabilities, fetal alcohol spectrum disorder, developmental disabilities, social and emotional difficulties

Referral: Self-referral, referrals from family or health care providers

Toronto Psychological Services

2 Sheppard Ave. East, Suite 302, Toronto

torontopsychologicalservices.com/assessment/psychoeducational

Tel.: 416 531-0727

Services: Psychoeducational assessment of children and youth for learning disabilities, attention-deficit/hyperactivity disorder, developmental disabilities, psychological concerns

Eligibility: Students age 6+ in elementary, high school, college, university or graduate school

Referral: Self-referral, referrals from family, teachers or health care providers

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Toronto Psychology Centre

1033 Bay St., Suite 301, Toronto
torontopsychologycentre.com/assessment-services
 Tel.: 416 333-4909
info@torontopsychologycentre.com

Services: Psychoeducational assessments of children, adolescents and adults for learning disabilities, attention-deficit/hyperactivity disorder, giftedness, autism spectrum disorder

University of Toronto OISE Psychology Clinic

252 Bloor St. West, Toronto
www.oise.utoronto.ca/psychology-clinic/children-and-adolescent-services
 Tel.: 416 978-0678

Services: Psychological assessments and psychotherapy for children and adolescents; assessment of school-related issues, learning disabilities, giftedness, attention deficit, hyperactivity, anxiety, depression, trauma; academic interventions; psychotherapy; parent guidance/counselling

William Osler Health System

101 Humber College Blvd., Etobicoke
www.williamoslerhs.ca
 Tel.: 416 494-2120

Services: Psychoeducational assessments

Eligibility: Residents of Toronto, Peel Region and York Region

Referral: By health care provider

Ontario School Board Psychoeducational Testing Support

www.ontario.ca/page/find-school-board-or-school-authority

Local school boards can assist with psychoeducational testing by providing resources and support to identify and address students' learning needs. They can facilitate access to trained professionals, such as psychologists and special education specialists, who conduct comprehensive assessments. School boards often have procedures for referring students for testing and can coordinate with parents and teachers to ensure a thorough evaluation. They also help to develop Individual Education Plans based on assessment results, which can include educational strategies and accommodations to support students' academic success and overall well-being.

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